

## FOOTHILLS CARING CORPS, INC.

P.O. BOX 5892  
CAREFREE AZ 85377  
(480) 488-1105



Upcoming Dates  
To  
Remember

**Volunteer  
Orientation**  
**August 13**  
**September 10**  
**9-11 a.m.**

**Fund-Development  
Public Relations  
Committee Meeting**  
**July 24**  
**9 a.m.**

**Event Planning  
Subcommittee  
Meeting**  
**July 30**  
**9:00 a.m.**

All meetings are  
scheduled to be  
held at Christ  
Anglican Church,  
McGinnis Hall



FCC Office Hours  
Monday - Friday  
8:30 am - 4:30 pm

# The Foothills Caring Corps, Inc.

JULY 2009

## Help Wanted

This newsletter is devoted to our annual summer recruitment for volunteers. We think we want to call the newsletter Foothills Caring Corps NEEDS YOU! Foothills Caring Corps has had a very busy year.

- Our services for Mobile Meals have increased so that we now have five routes for our delivery and we serve more than 50 Neighbors.

- Our van program is expanding as both the number of Neighbors grows and as we have new vehicles available. We believe we will need an additional 20 drivers and 20 assistants for the van.

- In addition we find that we



**WE NEED  
YOU!**

have a need for individuals who might want to provide friendly visiting and respite care to individuals who are homebound.

- We also are looking for people who would like to provide individual transportation for medical appointments.

Help become part of the Foothills Caring Corps and assist us in providing needed services to members of your community.

Orientation is held every second Thursday from 9:00 am - 11:00 am at Christ Anglican Church. You can also call in if you would like a personal orientation at another date and time. 480-488-1105.

## J O B   D E S C R I P T I O N S

### Outreach Worker

Help promote Foothills Caring Corps in your geographic area. Meet with neighbors and friends to give them the new marketing materials. Promote volunteerism, keep open channels of communication with community members, work with congregations and ensure reciprocal communication. Provide information and opportunities for residents to contribute to Foothills Caring Corps. This would be during the months of September-November. Approximately 4 hours per week.

### Committee   Membership Volunteer

Support Foothills Caring Corps by working on committees or subcommittees of the Corps. Those Committees & sub-committees include: Finance, Public Relations and Marketing, Fund-Development, Event Planning, Facilities, or Programs. Membership would include monthly meetings and often assignments or work on special projects which would take up to 4 hours bi-monthly.

### Speakers Bureau

This job would include working with both the Civic

Organizations and Churches to communicate the mission and programs of Foothills Caring Corps. Talk with groups of people or individuals who may either be interested in volunteering, utilizing the services or contributing to the organization. Approximately 6 hours per month.

### Congregational Liaison

Foothills Caring Corps is building relationships with each of the congregations located in the Foothills geographic area. If you are an active member of a congregation you would be the representative at quarterly

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## J O B   D E S C R I P T I O N S

meetings and gatherings of collaborative partners with Foothills Caring Corps. Information will be shared about events, issues and highlights of activities in a reciprocal fashion. As a liaison your job would be to promote your congregation as well as Foothills Caring Corps. Approximately 6 hours per month.

### **GAP Coordinator**

Guardian Angel Project is a new program that we would like to start out as a pilot project. This would entail setting up the program. Much of the work has already been completed by other Arizona programs that have been operating for several years. It is a no-cost sup-

portive lifeline system which would be utilizing neighbors watching out for neighbors. Approximately 30 hours start-up with 20 hours per month maintenance. Working with volunteers and neighbors and ability to develop procedures and provide a framework to evaluate and monitor the program.

### **Writer/Author/Editor**

Help develop news releases, update and author manuals, develop procedure policy manuals, draft minutes, draft news articles, newsletters, correspondence & more. Bring your creative writing skills as we become more involved in promoting Foothills Caring Corps. 15 hours per month.

### **Computer Operator**

Help us organize our software systems. If you love working with computers, we need to become more efficient in our use of software programs and can use your help. Data entry, sorting data and helping with our internal filing system. 20 hours per month.

### **Mobile Meals Organizer**

We are in need of a computer literate person willing to handle our weekly organization of the routes and schedules for our Mobile Meals Program. Helpful if you can work on either Thursdays or Fridays. 20 hours per month.

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Each of the special services we perform helps a homebound person feel cherished. Will you join our family of caring, compassionate people to help Foothills residents remain independent? We might ask you to help with transportation needs, relief for caregivers, supporting nutritional needs, maintaining a safe home environment, keeping their records sorted or just touching base regularly. **We need you to touch lives! Join us!**



Business Help



Shopping With/For

## H E L P   B Y   B E I N G   A   F R I E N D L Y   F A C E



A friendly smile  
will make her day

**Help** by bringing a smile to someone's face and be a joyful companion to someone for a couple of hours a week. That smile, that gentle touch means so much!



Caregiver Relief

## WANTED MOBILE MEALS VOLUNTEERS



**FHC Helps with Nutritional Meals:** Become a Mobile Meal's Volunteer and make sure that elderly Neighbors get adequate nutrition by delivering meals at lunch time during the week. Brighten their day by visiting for a few minutes when you make the delivery. One to two hour commitment.

You might also want to help someone shop for their groceries. 2 hours per trip.



## WANTED DRIVERS TO THE CLINIC & DOCTORS APPOINTMENTS



The last Tuesday of each month, neighbors ride the van to the clinic!

**Help....Van Drivers and Assistant Van Drivers Needed .**

Have the time of your life on a day out with our fun van Neighbors. You can drive or assist on any of some 25 trips per month going out to lunch, shopping, to a concert or play, or a community event. You will be a part of a special memory for our Neighbors.

## WANTED HANDYPERSONS

**Help.....**Light repair work such as changing a light bulb, fixing the lock on the door, replacing a screw in the cabinet door, reset the GFI, small plumbing problems are just a few ways to help.





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[WWW.FOOTHILLSCARINGCORPS.COM](http://WWW.FOOTHILLSCARINGCORPS.COM)



### **Van Driver and Van Assistants**

Have you ever wanted to be surrounded by a group of happy people? Your opportunity is here! Drive & support a group of older adults who are hungry for adventure and companionship to a destination point. Come join the party bus! It'll change your life, it has theirs.

*Neighbors Helping Neighbors*

The mission of the Foothills Caring Corps, Inc. (FHC) is to enhance the quality of life and promote the independence of homebound residents in the Foothills community. Our goal is to help homebound individuals remain living independently in their own homes for as long as possible. We do this through a force of volunteers who deliver services and support that provide access to basic needs such as food and non-medical care, and to activities that promote physical, mental and emotional health.

**Y o u r   h e l p   i s   n e e d e d . . . . .**

**Please call 480-488-1105 to volunteer!**