

SPECIAL EDITION

2010-2011 Year in Review



480.488.1105

www.FoothillsCaringCorps.com

JULY 2011

Foothills Caring Corps News



Foothills Caring Corps, Inc. moved into our new offices! With the help of many volunteers and a host of donors, we opened our offices at 7275 E. Easy Street, Suite B103 & B104. We had an outpouring of support from volunteers to help remodel and prepare the new space, move and set-up computer systems and furniture for the transition.

Updated FCC History

Under the umbrella of Beatitudes Center DOAR, VICaP (Volunteer Interfaith Caregivers Program) officially opened in late 2000. In **1999** Gail Simmons and Father Steven Dart established a North Valley Foothills Community program to serve elderly residents. Christ Anglican Church provided administrative space from the agency's inception.



Gail Simmons and
Fr. Steven Dart

In **2002** community support strengthened and a total of ten congregations and sixteen community businesses partnered with Desert Foothills VICaP as demand for services grew.

In **2004**, the agency name was changed to Foothills Caring Corps (FCC) and became a program of the Foothills Community Foundation.

The first Foothills Caring Corps van was purchased to provide transportation to grocery shopping and social and recreational events.

2006-2007 turned out to be a year of changes for the agency. Gail Simmons retired and Debbra Determan was named Director. With the increase in requests during that time, volunteers donated over 33,800 service hours to meet the needs of over 345 neighbors. Staff and administrative volunteers increased to accommodate the service requests and a day in the limited office space played out like an eight-hour day of musical chairs.

Annually the Foothills Caring Corps holds a Cash & Caring Raffle to generate the annual revenue to maintain and grow services. El Pedregal hosted the annual event and with community support from local restaurants began the "Taste of the Foothills" component in 2008.



April 12th Open House

From the Executive Director

In the midst of a changing landscape, Foothills Caring Corps (FCC) has been able to keep pace with the demand for services as well as gain donor support to remain stable and sure footed as we walk through the ongoing economic uncertainty. In 2010-2011 FCC's base of volunteers increased and just barely kept pace with the new "neighbors" requiring services. The faith community partners have continued their financial support and helped promote FCC services. This past year FCC saw several churches raise special funds to adjust to meet some of our community's greater needs. The Caring Corps was honored to receive a one-time special donation from the Our Lady of Joy Guild fashion show fundraiser. FCC is proud during our 12th year of operation to maintain the services that keep people living independently in their own homes.



Debbra Determan
Executive Director

Several major one-time donations/grants have helped us step up to increase our oversight and administration for these most needed programs. Through grant support from The Walmart Foundation, Dr. Scholl Foundation and Discount Tire a second professional full-time staff position (Nancy Cohrs) was hired to support volunteers and work to match the "neighbors" with the volunteers. These funds helped us to both provide staff support as well as provide volunteer training and education related to the complexities of each growing program area. In addition, the funds enhanced our computer systems to better schedule trips, collect data and monitor our programs. These special funds along with generous donors have allowed FCC to handle all requests that have come to the agency.

With special requirements from our ADOT partners and the fleet of 4 vehicles, volunteers have been willing to step up to take on some added responsibilities. We have the only state certified Passenger Service and Safety "volunteer trainer" (Arthur Gimson) for our van transportation program. FCC is gratified that so many of the van drivers and assistants have stepped up to become trained to handle wheelchair accessible vehicles and provide the prescribed care and safety for those special needs neighbors.

FCC welcomes you to become involved at any time. The future looks bright as we gain community support and momentum. Thank you for your involvement.

2010-2011 FCC Staff

*Debbra Determan, Executive Director
*Nancy Cohrs, Volunteer/Neighbor Services Coordinator
Jayne Hubbard, Van Program Coordinator
Maggie Palmer, Transportation Coordinator
Virginia Workman, Outreach Coordinator
Angelina Gutierrez, Administrative Assistant
Betty Obermeyer, Operations Specialist

*Full-time Staff

FCC History (cont'd) >>>

Services provided:

Statistics 2004 - 2008

The staff and administrative volunteers of the Foothills Caring Corps coordinated over 110,510 volunteer service hours to local homebound residents between July 1, 2004 and June 30, 2008. In those four years: 19,677 Mobile Meals were delivered; 8,555 medical or social service transportations were provided; 3,821 passengers rode the FCC van to shopping or social events; and 15,778 other services were provided (grocery shopping, friendly visits, friendly phoning, business help, minor home repairs, etc.). Foothills Caring Corps' client base increased by 60 percent during that time.

2008-2009 the van program developed a north and south route to better assist the greater demand for services. A grant proposal was funded through ADOT for two new vans to meet the needs. Eighty-five percent of the costs for the vehicles were grant funds through ADOT. In October 2009 FCC received a wheelchair accessible van and a mini-van to expand the existing services provided by the 13 passenger original FCC van. Volunteers contributed 40,000+ hours of service.

We developed our webpage in **2008-2009** which highlights our activities.

In **2009** Foothills Caring Corps established itself as a 501(c)3 non-profit corporation. The organization began operation with a Board of Directors and 1 full-time and 5 part-time staff. The Foothills Caring Corps Inc. developed the logo for the new agency in 2009.

From the Board President

Foothills Caring Corps has continued to grow and thrive during these transition years thanks to all of your support. Our 440 volunteers helped to serve over 545 neighbors enabling people to stay in their homes longer and to improve their quality of living.

To give you some idea of how your funds benefit our neighbors here are a few statistics for the 2010-2011 fiscal year:

Volunteer Hours	41,549	Van Passenger Trips	4,650	New Volunteers	75
Mobile Meals	8,863	Medical Transportation	3,764	New Neighbors	122
Friendly Visiting	1,437	Grocery Shopping	494	New Intakes/Reassessments	183

Because of our ever increasing aging population, the Board anticipates that the demand for all of our services will show a steady increase. We continually are expanding ways to meet the expected demands. This year we will be hosting our first Golf Tourney to be held at The Mirabel Golf Club on November 21, 2011. We have set up a committee to focus on more corporate giving and a Planned Giving committee has been established to discuss with anyone the ways to help Foothills Caring Corps in the future.

Volunteer hours will be increasing over the year. We are continually recruiting volunteers of all ages. Youth in our community can help as assistants on the vans, friendly visits and office support.

If you would like to get more involved with Foothills Caring Corps either by using your talents, time and/or treasures, please do not hesitate to call any of our Board Members or our Executive Director to discuss your thoughts or if you have questions. We are here to help all of our neighbors and to better serve our entire community by all of us working together.



Jill Ford, President

2010-2011 Board of Directors

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Emily Kile, Secretary

Fr. Steven Dart
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Volunteer Special Projects

We have had a very busy year requiring special help from volunteers. We celebrated the end of the summer with the "Taste of Cave Creek" booth followed by a new event, our "MASK"querade Ball. What a wonderful time, great food, great fun, creative costumes and fantastic music! We kicked off the holiday season with a heartfelt Volunteer Appreciation Luncheon, with over 100 volunteers in attendance. December had two major projects with Christmas highlighted, a tea at Desert Mountain in support of our "Santa for a Senior" program, as well as the Carefree Christmas Festival.

In chilly January, who could forget the fun times with the Golf Ball Raffle at Rancho Mañana Golf Club, yes, our volunteers are a hearty group! In February, four honor students joined us from Bella Vista Private School. Every Friday morning they helped with office duties and responsibilities. Six student interns from Paradise Valley Community College Nutrition program joined us for three months working one-on-one with our neighbors providing basic and diet specific nutrition education. The students also worked on the mobile meal program and accompanied neighbors on grocery store shopping trips.

Services to Neighbors Growth Spurt!

We are growing! During this past year our volunteer program grew by 9%; however, our requests for neighbor services increased by approximately 27%! A variety of neighbor services have shown significant growth over the past year. Providing respite care for caregivers leads the services in growth, we have seen an increase of 53%! (Respite Care is providing in-home visits allowing the caregiver a much needed break.) Friendly Visiting has increased by 13%, while Minor Home Repairs is close behind with 12% growth.



Bella Vista Charter School Volunteers

Grocery Shopping has remained level. Our Care Alert Program also remained level primarily due the fact that it was in a "pilot program" for the past year with a limited number of neighbors involved in the program. The Advisory Committee for the program met in April and decided to close out the pilot phase of the program and move forward with it as a regular program, pending funding. We expect that we will see significant growth with the Care Alert program over the next year.

Van Transportation Program Update

“And those vans keep rolling along”



It has been another year of growth for the van program. Last October we received a 3rd van from an ADOT grant. This brings us to a fleet of four. With the added vans have come added riders. The more the vans are out on the road; the more people see them and call to find out how they can get on board. With more neighbors riding who live in our outlying areas, we are in the process of adding a third zone to our program so trips are shorter and more comfortable for all. We have

gone from 18 trips a month to 35-40. Some trips go out in separate directions; some meet for lunch in a single spot so everyone can see each other and catch up on the news.

By far the most popular van trip this year has been the addition of lunch and a seminar at Thompson Peak Healthcare. Every third Friday they open their doors to our riders for a free tasty lunch followed by a very informative session with one of their staff. The topics have been everything from yoga to skin cancer screening to the pharmacist going over their drugs with them and giving important tips on when and how to take them. This month we will have 40 people there. One of our regular van drivers for this trip often treats the hospital to his beautiful music played on their piano in the lobby.



Bill Budris & Jayne Hubbard
“BB” Van

Our other big news is that we are now using a computer program written specifically for us that has cut in half the amount of time it takes to register neighbors, assign drivers and create itineraries. Jayne and Bill love it. We have a computer wizard volunteer, Jesse Graybill, to thank for this. It will continue to take some tweaking and adjusting but all the van volunteers are being patient with our changes and giving helpful suggestions.

So here is a shout out to all the good work, additions and changes to the van program and its volunteers this year! You are invaluable to 120 neighbors!

Mobile Meal Program



Linda Blumel, Bill Hlavka and
Barb Bauer at Carefree Resort

We have a fabulous, dedicated group of over 110 volunteers who serve over 43 mobile meal participants. This program is the greatest **WIN WIN** situation where the participant receives a hot delicious meal and some caring “company” to check on them. The volunteer receives an opportunity to brighten someone's life and know they are providing valuable nutrition for the participants (neighbors) bodies. The volunteers bring a smile to the neighbor's face and joy to their heart.



Helen Carlson with Sandy Stroner

The meals are prepared by Carefree Resort & Conference Center.

Medical Transportation Program



Volunteers provide our “neighbors” with transportation to medical appointments, accompany them inside, and return them home after their appointment. The comfort that neighbors feel knowing they have trained volunteers assisting them helps them to seek out needed medical care. During 2010-2011 **3,764** medical transports were provided.



Thank You to our Many Event Supporters

What a successful night! Tabulations show we sold 503 raffle tickets and had 500 guests who attended our celebration. Our 50/50 raffle netted \$967 and our live auction netted \$11,150. All that and having fun too! Thank you for your participation in our 2011 Cash & Caring Raffle. A core group of volunteers continue to assist with each event. We thank you for your hard work and dedicated support!

Phil and Marian Abramowitz
Adornments at el Pedregal
Elaine Alexander
In memory of Douglas Alexander
All-a-Glow Jewelry
Alliance Beverage Distributing Co.
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Barbara Bauer
Beth Zink Studio
Caesar's Entertainment
Carefree Gourd Gallery by Ceil
Carefree Homecare Companion Service
Cartwright's Sonoran Ranch
House & Lounge
Casa Paloma Home Interiors & Design
Joan Chamberlin
Conrad Leather Boutique
Custom Eyes at Carefree
Dr. Jason Ransdell
Cuticles
D. Lyon Art Gallery
Desert Forest Golf Club
English Rose Tea Room

Flemings Prime Steakhouse & Wine Bar
Frank Lloyd Wright's Taliesin West
Gone 2 Pot's - Southwestern &
Unique Pot's
Hospice of the Valley
Jo's Merle Norman Cosmetics
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Uncle Louie-The Restaurant
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Ron and Julie Williamson
Bob and Jan Wobken
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Yahn's Fine Jewelry & Accents
Zuva Gallery at el Pedregal

**Congratulations
to our
2011 Raffle
Winners!**



**Madelyn Hines
Ron Williamson
Bob Wolff
Each won \$5,000!**





6130 E. Cave Creek Rd., Cave Creek
480.575.7155

*A special thank you to the local Restaurants
for creating a fabulous*

Taste of the Foothills



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Special thanks to:



***el Pedregal at The Boulder's Resort
& Golden Door Spa***

for donating the enchanting facilities
and staff support.

Thanks to the Members of the Raffle/Auction Committee

Marian Abramowitz	Diane Straus
Kathy Haugner	Tami Thrailkill
John McGhee	Debbie Wainwright
Micki Napp	Julie Williamson
June Reilly	Jan Wobken
Mary Stoye	Clyde Wyant

Kim Prince
Public Relations

***Rondavous Country
Western Band***

Ted Dimon

MC and Auctioneer

2010-2011 Events

"Mask"querade Ball



Who are the two darling "Mask"querade Dolls with Brad Straus

Our first Masquerade Ball. Great food, great fun and costumes and fantastic music. A special thank you to el Pedregal of the Boulders and the Sonoran Serenade Big Band. Thank you also to Janice Wallace and Jerry Kent at www.DancingDJsAZ.com for dance lessons. We look forward to our second annual event in November 2011. This event was a successful fundraiser with \$4,619 to assist in program support.



Sonoran Serenade Big Band



Pat McMahon
Key Note Speaker



Testimonial by
Virginia Baetz, Neighbor



Celebration of all our supporters. Thank you for your generosity. It was a lovely luncheon hosted by Dick and Jean Segil.



Paula Scully
Donor & Hostess

Annual Recognition Event *Paula Scully's home*

THANK YOU to all our **Philanthropists**, **Benefactors** and **Patrons** for your generous support.



Entertainment by
Harry Mathews
Harry@HarryMathews.com



Jill Ford, Peter and Carolyn Slocum



More 2010-2011 Events



FCC Staff serving Volunteers

Over 100 volunteers attended our Holiday Volunteer Appreciation Luncheon at Desert Hills Presbyterian Church on December 2nd. It was a fun-filled afternoon, which included a "thank you" to the volunteers from Jill Ford, President of Foothills Caring Corps and from Carefree Mayor David Schwan and Cave Creek Mayor Vincent Francia. These words of praise and thanks were followed by entertainment from local vocal duo Martha Lindsey Glenn and Kevin Glenn. A special thank you to Desert Hills Presbyterian Church and their staff and volunteers helping to make our **first formal appreciation luncheon a success!**



Five opportunities for a hole-in-one in our \$1 million contest. No winner but all enjoyed the beautiful day.



Chamber Mixer
January 12, 2011



Hole-in-One Event
AT Rancho Mañana Golf Course
January 15, 2011



7275 E. Easy Street
Suite B103 & B104
P.O. Box 831
Carefree, AZ 85377
480.488.1105

Services@FoothillsCaringCorps.com
www.FoothillsCaringCorps.com



Thank You!

Your generosity and support are vital to promoting independence and enhancing the quality of life for older residents throughout our Community.

April 2010 - March 2011 Donor List

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Petals & Parasols Fashion Show
Pinnacle Presbyterian Church

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donations from many of our Partner
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tions from all congregations.

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Please note all names and supporters listed are from April 2010 - March 2011. We apologize if we overlooked any supporters.

We welcome Clyde Wyant as a new Board Member for FY 2011-2012, and also welcome Carol Kirkland as a new staff Administrative Assistant.

About FCC

Congregational Partners

Black Mountain Community Church
Christ Anglican Church
Christ the Lord Lutheran Church
Desert Foothills Lutheran Church
Desert Hills Presbyterian Church
Desert Mission United
Methodist Church
Good Shepherd of the Hills
Episcopal Church
Northridge Community Church
Our Lady of Joy Catholic Church
Pinnacle Presbyterian Church
The Episcopal Church of the Nativity
Via de Cristo United Methodist Church

Mission

FCC is dedicated to promoting independence and enhancing the quality of life for older residents throughout our Community.

FCC does this through a force of volunteers and staff who deliver services and support that provide access to basic needs such as food, medical care, and activities that promote physical, mental and emotional health.

Geographic Area

North Scottsdale
(85255 north of Bell Road,
85262, 85266)
Carefree (85377)
Cave Creek (85327, 85331)
Carefree Highway to I-17
(85085, 85086)

*A special Thank You to all our 440 volunteers giving 41,549 hours of service.
Thank you for sharing your skills and talents.*

