



P.O. BOX 831  
CAREFREE, AZ  
85377



Upcoming Dates  
To  
Remember

### Volunteer Orientation

**Second Thursdays**  
**November 8**  
**December 13**  
**9-11 a.m.**

### Van Transportation Training Level I

**November 15**  
**December 20**  
**9-11 a.m.**



*Happy  
Thanksgiving*

FCC Office Hours  
Monday - Friday  
8:30 am - 4:30 pm

**Office Closed**  
**November 22 & 23**

**Phone 480.488.1105**  
**Fax 480.488.8117**

# Foothills Caring Corps News

[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)

NOVEMBER 2012

## Happy Thanksgiving from Foothills Caring Corps to You and Your Family!!

Sharing with friends, relatives and neighbors is part of the meaning and joy of Thanksgiving. Foothills Caring Corps (FCC) Board of Directors is thankful for the community support and thankful for the sharing of resources which keep the FCC operations healthy and strong. Foothills Caring Corps has received \$194,424 toward the goal of the \$500,000 Annual Campaign goal set for 2012-2013. Since the Caring Corps' fiscal year is April through March, we have five more months to reach our goal.

You have all received FCC's annual campaign letters so this article is simply a reminder to support Foothills Caring Corps in helping those residents who want to remain living independently in their own homes. Throughout our 13 year history, the greatest source of support has come by way of individuals. Congregational support, the annual campaign and the individual fund-raisers that have grown over the years help us to keep strong. We are thrilled that we received \$72,026 from our newest fund-raiser, the Golf Tournament at Mirabel last November. Another fund-raiser that has had a long history with FCC is our Cash & Caring Raffle/"Taste of the Foothills" and has always been one of our major fund-raisers. With the support of many steadfast volunteer committee members, community businesses, and local restaurants, we continue to keep strong as a non-profit organization.

For those of you who have generously contributed, thank you so much for your support! Your contribution continues to improve the quality of life for those people needing a bit of support to live independently.

For those of you who have the opportunity to yet contribute, please help our local programs meet the needs of our older residents. Your support will be appreciated.



Monday, November 19, 2012  
8:30 a.m. Breakfast &  
Registration  
1 0:00 a.m. Scramble Format

### Golf Tournament

In Remembrance of Larry Wetter

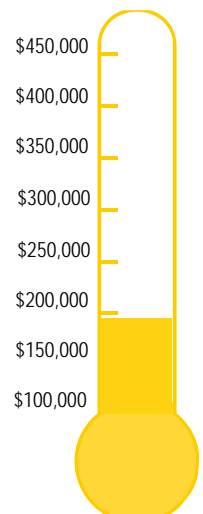
For more details  
480.488.1105

[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)

MIRABEL



2012  
Annual Campaign  
Goal \$500,000



## Growing a Wise Heart

A wise person once gave away the secret to growing their wisdom. It was by numbering the days of their life. In other words we become wise when we understand the importance of making everyday count by having a purpose and being fruitful. How often we hear new volunteers say that they came to the Foothills Caring Corps because it was time to do something for someone else or they wanted to give back. In this way they are "numbering the days of their lives" by living them to the fullest. The Foothills Caring Corps is thankful for the 600+ "wise hearts" that light up the lives of our neighbors. They experience the joy and satisfaction that comes from a day and a life well lived. We as staff are humbled by their service and delighted to be a part of the way they are changing our community.

Summertime comes with its own challenges here for the Caring Corps and we are especially thankful for volunteers who;

- Got up at 5:45 am to get a neighbor to chemotherapy
- Drove from I17 & Carefree Highway all the way to Indian School and 7th Street so a veteran could receive a lifesaving allergy shot every Monday at 7:00 a.m.
- With a 40 hour work week life found the time when we needed your help
- Who learned how to do the tie-downs in the wheelchair vans and drove the neighbors to the doctor when they otherwise would have had a difficult time trying to get there or at the very least it would have been too costly to hire a private ride
- Delivered Mobile Meals on a day that registered 115 degrees!
- Took on extra services to cover for volunteers away for the summer
- Changed one more light bulb on an 18 foot ceiling
- Spent 6 hours on the van taking neighbors to Walmart when they could have been home in the pool

The cooler weather of autumn is here and we look forward to the returning volunteers who have inspired us in the past with their service. We will welcome each of you who are ready to "number the days of your life" with purpose by joining the Foothills Caring Corps' force of wise ones!

Do you love to bake? We need cookies or bars for the upcoming Thanksgiving Eve Ecumenical Service, November 21st.



Please call 480.488.1105 and sign-up to bring cookies or bars.



Photography by  
Cindy Baloh & Kim Prince



**\$20 Admission**  
**Tickets available by phone:**  
**480.585.8007**  
**[www.dflc.org/concerts](http://www.dflc.org/concerts)**

## Orpheus Male Chorus Holiday Concert to benefit Foothills Caring Corps

Ring in the Christmas season with a holiday concert performed by the Orpheus Male Chorus of Phoenix, to benefit the Foothills Caring Corps. Highlights include traditional favorites such as Angels We Have Heard, Carol of the Bells and Sleigh Ride.

**Sunday, December 16th, 4:00 pm**

Desert Foothills Lutheran Church  
29305 N. Scottsdale Road, Scottsdale  
480.585.8007

Reception following

*Ecumenical Community  
Thanksgiving Eve Service  
at Christ the Lord Lutheran Church  
Offerings to Benefit the Foothills Caring Corps, Inc.*

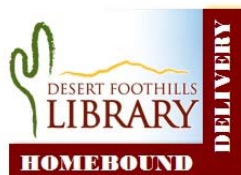
**Wednesday, November 21st  
7 p.m. Service**

For many years the Foothills Caring Corps has joined with area churches to offer the community this opportunity to come together in praise and thanksgiving for all of the ways in which God has blessed our lives throughout the year. Each of the participating congregations and the local music ministry, Music Serving the Word, will offer readings, reflections and song to guide our thanksgiving experience, and the offering gathered at the service will benefit the work of the Foothills Caring Corps.

The Foothills Caring Corps helps older adults and homebound individuals to remain healthy and living independently in their homes.

Bring your family and guests to this festive celebration of Thanksgiving.

**Christ the Lord Lutheran Church  
9205 E. Cave Creek Road, Carefree  
480.488.2081**



Do you love to read but are unable to get to the Library? Or do you have a friend or relative in this situation?

Sign up today for Homebound Delivery Service at Desert Foothills Library!

We'll arrange to have a volunteer bring books, magazines or audiobooks to your home on a regular basis.

Email: [homebound@dfila.org](mailto:homebound@dfila.org) or call the Library at 480.488.2286.

We also welcome you to contact us if you would like to volunteer for the Homebound Delivery Program.



### **Making Your Gift Last**

Do you want to have lasting impact for Neighbors served by Foothills Caring Corps? Consider leaving a planned gift to Foothills Caring Corps' endowment fund that will provide annual revenue after your lifetime. Other options are available to you as you choose to leave a legacy. For more information, please contact Executive Director, Debbra Determan at 480.488.1105.

### **COPING WITH CANCER**



#### **EDUCATION, INFORMATION, AND NETWORKING POSSIBILITIES**

A meeting will be held on Saturday, November 10 beginning at 10:00 a.m.

Good Shepherd of the Hills Episcopal Church  
6502 E. Cave Creek Road  
Cave Creek, AZ

We invite you and your family to join us for refreshments.

The topic will be: Spirituality and Cancer Survivorship, and our speaker will be Sherry Zumbunnen, a Registered Nurse from Virginia G. Piper Cancer Center.

A discussion period will follow the presentation. Anyone whose life is impacted by cancer is welcome to attend.

Reservations are highly recommended.  
Please call the church at 480-488-3283.

*Virginia G. Piper Cancer Center*



# **Bashas'**



Bashas' Community Support Card is a great way to help support the Foothills Caring Corps. When you buy groceries at Bashas', AJ's Fine Foods or Food City stores, Foothills Caring Corps can receive 6% of your purchases.



### **Purchase your \$20 Support Card at Foothills Caring Corps' office**

Here's how it works. Buy a \$20 gift card and when used, reload it, then use the card as you would use a debit card. Foothills Caring Corps receives 6% of every dollar you load onto your card. The card can be reloaded as often as you need and can be reloaded from \$20 up to \$500 at a time. You simply ask for the reload at the check-out line.

Get started by stopping into the Caring Corps' office and purchasing your \$20 card at 7275 E. Easy Street, Suite B103.



**Training  
Classes**



AED/CPR classes will be held on the following dates:

**Thursday, November 15, 2012**

**Friday, December 14, 2012**

**Tuesday, January 15, 2013**

The classes will be held at the Carefree Fire Station from 9:00 a.m. to 1:00 p.m. Donations toward the \$25 fee requested. We need to have 10 people signed up for each class to make it a productive class. It is critical that all volunteers be trained in AED & CPR. With the new guidelines and methods, this class is quite valuable for all of you to feel comfortable to do something when someone needs help. Call Nancy at 480.488.1105 or e-mail, [NancyC@foothillscaringcorps.com](mailto:NancyC@foothillscaringcorps.com) to reserve a space.

### **Fingerprinting**

Fingerprinting will be handled on an individual basis for the month of November. Please make every effort to complete your fingerprinting, if you have not done so already.

Call Nancy at 480.488.1105 or e-mail,

[NancyC@foothillscaringcorps.com](mailto:NancyC@foothillscaringcorps.com) for further details.



## **Putt for the Putt Putt with the Foothills Caring Corps**

**Tonto Verde Golf Club**

**April 17, 2013**



### **SPONSORSHIP OPPORTUNITIES:**

Title Sponsor: \$10,000

Reception Sponsor: \$1,500

Hole Sponsor: \$1,000

Margaritas at Registration Sponsor: \$1,000

Wine Sponsor: \$1,000

Sponsor for the \$5,000 10/20/30 Putt Contest: \$500

Signage Sponsor: \$300

### **"MARKET ON THE MOVE"**

See: [coolwaterchurch.org](http://coolwaterchurch.org)



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480.488.1105

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**Facebook**

**Look for Foothills Caring  
Corps on Facebook**