

Foothills Caring Corps News

www.FoothillsCaringCorps.com

FEBRUARY 2014

Cash & Caring Raffle / Taste of the Foothills



Friday, March 28th

5:00 - 9:00 p.m.

el Pedregal

34505 N. Scottsdale Road
Scottsdale, AZ 85266



AFFINITY

"Considered the area's
best Dance Band"

Event Highlights

Live Auction

Silent Auction

Cash & Caring Raffle Drawing

Taste Specialty Dishes from Local Restaurants
including: Amaro Italiano Ristorante, The Boulder's
Resort & Golden Door Spa, Bryan's Black Mountain
Barbecue, Café Bink, Cibo e Vino, Harold's Corral,
Janey's Coffeehouse, and Venues Café.



3-Night Stay at Charleston
Place with airfare for 2. Trip
includes private historical
photo tour of Charleston and
dinner & wine pairings at
Charleston Grill.
\$6,255 retail value.



3-Night Stay at Andaz Napa
Hotel with airfare for 2. Trip
includes chauffeur, VIP
tours, and tastings at 3
winemakers' vineyards in
Napa Valley. \$8,500 retail
value.

Silent Auction Highlights

- Dining Gift Cards for Sassi, Flemings, and Mastros
- Jewelry from ED Marshall Jewelers
- 2 Night Stay at JW Marriott Desert Ridge
- Custom Artwork
- Desert Foothills YMCA Family Membership for 1 year

CASH PRIZES!

Purchase your raffle ticket today!

Call our office at 480.488.1105

Credit cards accepted

Ticket purchase
admits entry for two

**Admission at entrance without
Raffle Ticket \$40**

Limited number of tickets will be sold

SPONSORSHIP LEVELS:

Champion \$10,000

Benefactor \$ 5,000

Sponsor \$ 1,500

For more information
on being a sponsor for
our Cash & Caring
Raffle, please call
Debbra at
480.488.1105

**FOOTHILLS
CaringCORPS**

2014

**Taste of the Foothills
Cash and Caring
Raffle Ticket**

3 CHANCES TO WIN



\$5,000 ~ \$3,000 ~ \$1,000

**\$100 each, 3 for \$275
or 8 for \$500**

Volunteer Recognition

January 23, 2014



Volunteers with
FCC 10+ years
who attended
received a
Gold Award



Volunteers with
FCC 5+ years
who attended
received a
Silver Award

What a wonderful group of volunteers!
Thank you for your 40,000+ hours of service!



Santa to Senior Program

Hosting a lovely private Afternoon Tea to benefit Foothills Caring Corps "Neighbors", Jill Ford and Pat Wetter's guests brought in 119 beautiful gifts as well as many generous gift cards to distribute to homebound "Neighbors" celebrating the holidays alone.



"I don't know where to begin with my thanks for all the wonderful gifts you brought to me for this Christmas. And a very special thank you to the volunteers who took time out of their busy schedules to be "Santa Clause." All of you are special, special people, and I am very happy to know you.

May God bless all of you."

Kathy Priddis, FCC Neighbor



Cactus Shadows High School
S Club
Holiday Gift Wrapping

"I want to thank you all for such a generous Christmas gift! It was such a wonderful surprise. More importantly, thank you so very much for helping me and driving me to all my doctor appointments."

Karen Levin, FCC Neighbor



Photos by
Cynthia Baloh Photography
Proven Media



SIGN UP NOW

**Putt for the Putt Putt on behalf of Foothills Caring Corps
18-Hole Putting Green Tournament
April 4, 2014**

- ▶ Registration at 1:30 p.m.
- ▶ Shotgun Start at 2:15 p.m.
- ▶ Reception following
- ▶ **WIN \$5,000** in special Putting Contest (free entrance)

SPONSORSHIPS STILL AVAILABLE

Title Sponsor:	\$5,000
Reception Sponsor:	\$1,500
Wine Sponsor:	\$1,000
Gas Tank Sponsor:	\$1,000
Tire Sponsor:	\$ 500
Signage Sponsor:	\$ 300

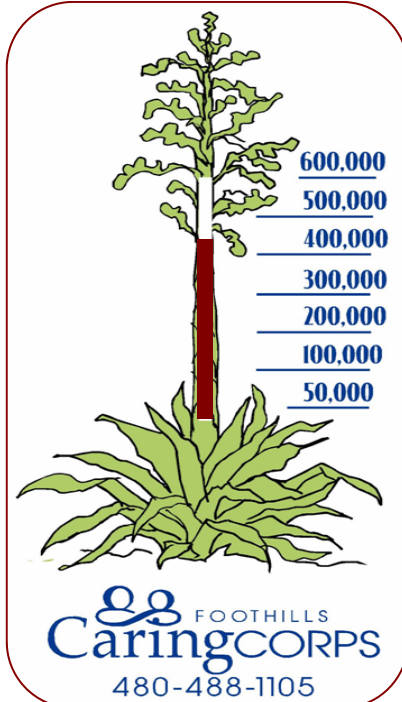
**If you would like lunch before the tournament the cost is \$20
RSVP at 480.488.1105**

Player: \$75 (sign-up after March 1st)

For more information or to sign-up, please call 480.488.1105

Tonto Verde Golf Club

**Annual Campaign
FY 2013-2014 (April—March)**



**Thank you for your
contributions.**

**We are gaining on our
fiscal year-end goal!**



Lockboxes For Seniors

Scottsdale area Association of Realtors and representatives from the Town of Carefree and Rural Metro Fire Chief have asked Foothills Caring Corps to collaborate with them to develop a pilot project for Carefree residents. Lockboxes will be made available for seniors and homebound individuals and those residents who are living alone that can be used by first responders to gain access to resident's homes in the event of an emergency.

When we deliver mobile meals or have scheduled appointments, if the resident does not respond to a doorbell or phone call the emergency contact person is called. If determined that a wellness check is needed or requested by the emergency contact, when fire/police go out on the wellness check, the door or a window likely is broken in order to enter. This Lock Box program allows 911 emergency responders to enter by opening the lockbox to get the resident's key, much like a real estate agent with a home for sale. The boxes in Carefree will be installed by Rural Metro Fire Department.

As we gain momentum with this Carefree pilot program, we have the opportunity to expand to other communities and assist more Neighbors if requested by Cave Creek.

For more information about this program, call Betty at 480.488.1105.



Scottsdale Leadership Project

Foothills Caring Corps, Inc. has been selected to partner with a group of 10 **Scottsdale Leadership** members who are developing marketing tools to improve our efforts recruiting new volunteers. Please stay tuned for new public relations materials both on-line and in publication.

Nutrition Interns Are Here!

The Dietetics students from Paradise Valley Community College will be available to speak with neighbors February-April during various van trips, meal deliveries, and private appointments.

Nutrition students can discuss:



- **Healthy Cooking** – Cooking techniques and creative ways to increase fruit and vegetables in your diet!

- **Special Diets:** Diabetes, Heart Health, Weight Loss/Gain, Gluten Free, Dairy Free, Hypertension, and many others!



- **Food Safety:** Proper temperatures, food storage, expiration dates, etc.

- **Meal Planning** – Create a weekly menu for each meal.



- **Healthy Alternatives** – Learning to read food labels to make informed, healthier choices.

- **Grocery Shopping** – Make your list based on your menu plan!



For more information about scheduling an appointment or which van trips they will be going on, please contact Nancy Cohrs at 480.488.1105.



7275 E. Easy Street
Suite B103
P.O. Box 831
Carefree, AZ 85377
480.488.1105

Services@FoothillsCaringCorps.com
www.FoothillsCaringCorps.com



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Facebook

**Look for Foothills Caring
Corps on Facebook**

Upcoming Dates to Remember

Volunteer Orientation

Second Thursdays

March 13

April 10

9-11 a.m.

Van Transportation

Training - Level I

March 20

April 17

9-11 a.m.

Fingerprinting

Fingerprinting will be handled on an individual basis for the month of February and March. Please make every effort to complete your fingerprinting, if you have not done so already. For further details, call Nancy at 480.488.1105 or e-mail,

NancyC@foothillscaringcorps.com.



Training
Classes



AED/CPR class will be held on the following date:

Saturday, February 22nd

The class will be held at the Carefree Fire Station from 9:00 a.m. to 1:00 p.m. Donations toward the \$25 fee requested. We need to have 10 people signed up for each class to make it a productive class. It is critical that all volunteers be trained in AED & CPR. With the new guidelines and methods, this class is quite valuable for all of you to feel comfortable to do something when someone needs help.

**To register, please contact
Carefree Fire Department at
480.699.8213.**

AARP Tax-Aide



Free Tax Help!

For taxpayers with low- and moderate-income, with special attention to those age 60 and older.

Starting on February 5, 2014 and continuing through April 9, 2014, AARP Tax-Aide volunteers will be available each Wednesday afternoon from 12:30 p.m. to 4:30 p.m. at the Desert Foothills Library. They will help taxpayers with low to moderated income, with special attention to those age 60 and older, prepare and file their personal federal and Arizona income tax returns.

Appointments are required and can be scheduled by calling the Library at 480.488.2286.



**P.O. BOX 831
CAREFREE, AZ
85377**

**Volunteers
Needed
this summer!!**

- Mobile Meal Drivers
- Medical Transports
- Friendly Visits
- Caregiver Relief
- Grocery Shopping

FCC Office Hours
Monday - Friday
8:30 am - 4:30 pm

**Phone 480.488.1105
Fax 480.488.8117**

Your Help is Needed!

Live Auction Items

Do you have a vacation home, a time-share or vacation package that you would like to donate for our March 28th Event? The donations are needed by mid-March.

Please contact Debbie Wainwright at 602.696.9199 with your ideas.