Caring CORPS

P.O. BOX 831 CAREFREE, AZ 85377



Upcoming Dates to Remember

Volunteer
Orientation
Second Thursdays
May 14
June 11
July 9
9-11 a.m.

Van Transportation Training Level I May 21 June 18 July 16 9-11 a.m.

FCC Office Hours Monday - Friday 8:30 am - 4:30 pm

Phone 480.488.1105 Fax 480.488.8117



Foothills Caring Corps News

www.FoothillsCaringCorps.com

APRIL 2015





2015 Cash & Caring Raffle and Taste of the Foothills

Our highlights from 2015 included delicious specialty food items from The Boulder's Resort, Café Bink, Carefree Bistro, Harold's Corral, Janey's Coffeehouse, The Herb Box, Venues Café and water provided by Sparkletts. AFFINITY Band entertained the attendees with a range of musical selections. Incredible items were donated for the silent auction by local retailers and donors as well as some very special items donated to the live auction. It was a pleasure working with auctioneer, Mike Monroe, who donated his services to our organization. This year we had several volunteer groups that were instrumental in our success. A special thank you to Cowgirls Historical Foundation, Bella Vista College Prep Youth Group, Discount Tire employees and spouses, and Tech4Life. All those who supported us will be highlighted in our next newsletter and the Annual FCC Review. A special thank you to the Fund Development Committee as well as the more than 100 volunteers who made our night a success. In all, a fun, successful night where we netted \$88,455 for our 2014-2015 Annual Campaign.

Come join our fund-raising celebration next March. If you would

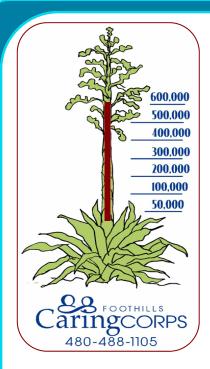
like to help with or sponsor next year's event, please call Debbra at 480.488.1105.



Photos by Cynthia Baloh Photography Proven Media







FY 2014-15 (April - March) Annual Campaign

2015 was a banner year for FCC. We've celebrated our growth and development of these past 15 years and we were able to meet our Annual Campaign goal of \$600,000!!!!! This success is not ours, but that of the very generous and enthusiastic supporters who believe in us and support the mission of Foothills Caring Corps.



THANK YOU! Thank you for your loyalty to FCC and for your continued support throughout the year.



Matt York Photography

Annual Campaign Committee Co-Chairs

A special evening celebrating the generous support of our major donors was held on March 2, 2015. We are grateful to our hosts, Stephen and Barbara Duzan, for inviting us to their lovely home.



A successful year due to the generosity of our supporters!

Far North Scottsdale Support Groups

Support groups provide a forum to share feelings, concerns, information and as a way of supporting and encouraging each other.

Parkinson's Support Group

For caregivers and those diagnosed

May 7, 2015 June 4, 2015 10:30am - noon

Contact: Kris 602.406.4921 or Marilyn 480.488.8538

Alzheimer's Support Group

Caregivers and those with Alzheimer's or Dementia No registration required. No cost to attend.

Meetings held the 2nd & 4th Wednesday of the month

Questions? Contact Alzheimer's Association 602.528.0545

Location for both of these support groups:

Desert Mission United Methodist Church
7373 E. Dixileta Drive, Scottsdale
(1 block east of Scottsdale Road)

Important Information from the Phoenix Police Department

The Phoenix Police Department is working to identify and apprehend suspects who, using the same or similar methods, have been specifically burglarizing older residents. Usually an unknown person will knock on the door of a soon to be victim's home and introduce himself as a local utility repairman or a construction company representative. This suspect will normally carry a clipboard, a measuring tape and some type of 2-way radio or walkie-talkie. The suspect will then ask the victim if they will escort them to their backyard because they need to take measurements for upcoming work (such as installing water pipes or electrical conduit) or need to locate existing features which need to be repaired (like underground wires). While in the backyard the suspect will engage the victim in conversation, typically for 10-15 minutes, and will often ask the victim to help take or write down measurements. Meanwhile a second suspect will enter the house through the unlocked front door and, taking mostly jewelry and cash, burglarize the home. The 2-way radio is then used to notify the suspect still in the backyard that the crime is done and they can leave.

Victims of this scam have ranged in age from 60 to 102 years old and most were home alone at the time of the crime. If you are faced with such an encounter make sure you request identification from the person at your door. Also call the company they say they represent to confirm any work is being done in your area before you allow anyone in your home or access to your backyard.

Finally, you can always call CRIME STOP (in Phoenix) at 602.262.6151 if you feel the circumstances are suspicious and remember if you *'See Something-Say Something'*.

Making a Difference



I hope that you are doing well as we approach one of the best times of the year for living in Arizona. While much of the country is cold and still shoveling snow, we get to enjoy dinner on the patio. In reflecting on my personal life and those of the clients I have the honor of serving, I am always struck by the seemingly sudden changes that occur in our lives when our health declines, whether temporarily or permanently. I know how irritating it is just to wake up one morning and think, "hmm, my throat feels a bit sore and my nose seems to be a bit drippy." My next thought is always about how long the symptoms will last and how much I accomplish before that overwhelming sense of being sick sets in. Of course, many people suffer from far greater health issues. When we are no longer able to drive a car or fix an

appropriate meal, many other aspects of our lives also suffer. We might feel less independent and thus more of a burden on those around us. We might also start to feel more isolated and less like we have something to offer others. It is here that the Caring Corps does so much good. FCC can provide that friendly visitor who stops by just to say hello and make sure that we are doing ok or to arrange for a handyman to come change a light bulb or fix a leaky sink. FCC delivers meals and transports people to appointments and to social events. FCC is the lifeline for many in our community who would otherwise be isolated and alone. FCC depends on your generosity all year long. Perhaps this month, you send a donation for the cost to fill up your tank at the gas station. That will allow FCC one more van fill up without using other funds! While you are healthy and able to care for yourself, we ask that you think of those that need your help. Enjoy the wonderful weather and the desert as it comes to bloom in the wonderful cycle of life!

Thank you.

Emily Kile
Chairperson, Foothills Caring Corps
Planned Giving Committee



10:00 am Shotgun Start

2:30 pm
Hors d'oeuvres Reception
Golf Prizes and Awards

Save the Date ~ November 16, 2015



Gold Sponsor: \$15,000 (includes 12 players Silver Sponsor: \$10,000 (includes 8 players) Bronze Sponsor: \$5,000 (includes 4 players) Hole Sponsor: \$1,500 (includes 2 players)

Winner

Individual Player: \$ 350

For more information on becoming a sponsor, please call 480.488.1105

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Photos by
Matt York Photography



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