

# Foothills Caring Corps News

[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)

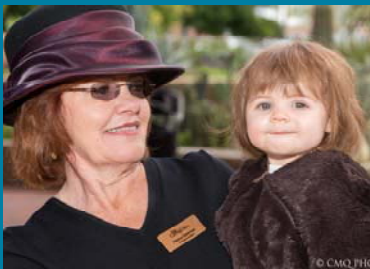
MAY 2015



## First Ever Foothills Caring Corps Mae's Tea Party

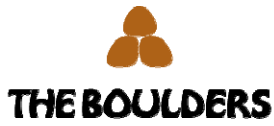


On Saturday, May 16<sup>th</sup>, FCC celebrated its first ever Mae Tea Party, sponsored by a long time volunteer and donor. Anne wanted an event to honor her mother, Mae, while providing a great opportunity for the FCC Neighbors and volunteers to enjoy a "real" tea party. What fun we had!!! The English Rose Tea Room provided tea, homemade scones, tea sandwiches and yummy deserts. To top it off, Arizona Dance Artistry performed a variety of ballet routines. Although the weather was questionable in the early morning hours, it turned out to be a pleasant sunny morning of fellowship. Debbra Determan, Executive Director, stated that because of the successful turnout and overwhelming great response, FCC might consider making this an annual event!!! For more information, contact Debbra at 480.488.1105.



Photos by Cindy Quinn  
CMQ Photos

**A special thank you to the local Restaurants  
for creating a fabulous**



A WALDORF ASTORIA RESORT  
34631 N. Tom Darlington Dr.  
Carefree  
480.488.9009

# Taste of the Foothills



34 Easy St.  
Carefree  
480.595.9909

## Café Bink

36889 N. Tom Darlington Dr.  
Carefree  
480.488.9796



www.theherbbox.com  
20707 N. Pima Rd.  
Ste 140-145, Scottsdale  
480.289.6180



37555 N. Hum Road, Ste 109  
Carefree  
602.795.1255



Wine generously  
donated by Rich Reese



6602 E. Cave Creek Rd.  
Cave Creek  
480.575.6885



3302 W. Earl Dr.  
Phoenix  
480.205.7876



6895 E. Cave Creek Rd.  
Cave Creek  
480.488.1906



*el Pedregal at The Boulder's,  
A Waldorf Astoria Resort*  
for providing the lovely facilities  
and staff to support this event



**Congratulations!**  
**Steve & Patti Helfand**  
**William Rockford**  
**Stan Lowther**



**AFFINITY BAND**



Mike Monroe  
Auctioneer



Fr. Steven Dart, MC along with Cowgirls  
from Cowgirls Historical Foundation



**Thank you to our Many Event Supporters  
for a successful**

# Cash & Caring Raffle

## Event Sponsors

James & Josephine Bonanno  
Rich Reese  
Dan & Debbie Wainwright

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Beth Zink Studio, Beth Zink  
James and Josephine Bonanno  
Virginia Brooks, artist  
Carefree Bashas' Floral Department  
Carefree Clarity Window Cleaning

Carefree Floors  
Carefree Rural Metro Fire Dept.  
Cartwrights Sonoran Ranch House  
Cibo e Vino  
Barbara Clark  
Conrad Leather Boutique  
Custom Eyes, Dr. Jason Ransdell  
Discount Tire Company  
Kay Duval, artist  
Elements Restaurant  
El Encanto Mexican Restaurant  
English Rose Tea Room  
John and Jill Ford  
Emily Frische  
Gemlets by Renee Hodkinson  
Kathy Goodwin  
Grimaldi's Pizzeria  
The Grotto Café  
Lance Headlee, artist  
Leslie Joan Designs, LLC, Leslie Mezes  
The Herb Box  
Lyn Hitchon  
Indigo Crow Restaurant  
Jalapeno's Inferno  
The Jerome Hotel  
JW Marriott Desert Ridge Resort & Spa  
Karate for Kids  
Inge Klos  
Laughing Glass Studio, Carole Perry  
L SkinCare, Lindsay Jackson  
MacDonald's Ranch  
Mastro's Steakhouse  
Merle Norman Cosmetics, Carefree  
Michele's Originals, Michele Laider  
Mirabel Golf Club  
Debbie Morgan  
Nina Bloom-Selling Designs  
Tom and Lori Nitta  
Oregano's  
Linnea Pergola, artist  
Toni Perrin, artist  
The Phoenician

Phoenix Suns  
Rich Reese  
Rhythm and Wine  
Sanctuary Camelback Mountain  
Resort & Spa  
Sanderson Lincoln  
Sassi Restaurant  
Schumacher European, Ltd.  
Smile Design Specialists  
Southern Wine & Spirits Wine Collection  
Spa 810, LLC  
Spiga Cucina Italiana  
Stefan Mann-Handbags/Luggage/Fine  
Leather Goods  
Studio C Beauty Lounge  
Sue Bickerdyke Interiors  
Taliesin West-Frank Lloyd Wright  
Foundation  
Tech4Life, LLC  
Tonto Bar & Grill  
Tubac Golf Resort & Spa  
Vincent on Camelback Restaurant  
Dan and Debbie Wainwright  
Watson's Hat Shop  
Western Territory Company  
Karlene Wonderlich  
Yahn's Fine Jewelry & Accents  
Richard and Patricia Yates

## Raffle/Auction Committee

Marian Abramowitz  
Nancy Cohrs  
Debbra Determan  
Lori Nitta  
June Reilly  
Debbie Wainwright  
Elyse Waters  
Arlen Wonderlich  
Karlene Wonderlich



Photos by  
Cynthia Baloh Photography  
Proven Media



The last time you heard from me, I asked you to donate the cost of one tank of gas to the Caring Corps and many of you did just that. Thank you! Those gifts add up and help the Caring Corps continue to fill the gas tanks of the vans that provide transportation to activities and doctor appointments. Keep thinking about the Caring Corps when you fill up and, when you are able, send in a check for the cost of that fill up! It is amazing how even a small gift, when added to the many others who give, can make a big difference in allowing the Caring Corps to continue in its mission.

Of course there are many other ways you can support the Caring Corps. Maybe it is time to update your Will or Trust to leave a gift to the Caring Corps? Leaving a legacy to a nonprofit provides a wonderful memorial and your thoughtfulness also teaches the others in your family and circle of friends the importance and beauty of supporting the work of charitable organizations. The government support that once existed for many programs, such as the "meals on wheels" system, has diminished considerably. As the funding has decreased, the need has increased. Perhaps this month you can find it in your heart and your wallet to donate the equivalent of a week's worth of groceries or the cost to dine out to the Caring Corps. Maybe it is also time to update your Will or Trust to include the Caring Corps as a beneficiary.

We appreciate your financial support of the Caring Corps so it can provide support to your Neighbors.

Thank you.

*Emily Kile*  
*Chairperson, Foothills Caring Corps*  
*Planned Giving Committee*



**P.O. BOX 831**  
**CAREFREE, AZ**  
**85377**

**Volunteer Orientation**  
**Second Thursdays**

**June 11**  
**July 9**  
**August 13**  
**9-11 a.m.**

**Van Transportation**  
**Training - Level I**

**June 18**  
**July 16**  
**August 20**

**FCC Office Hours**  
**Monday - Friday**  
**8:30 am - 4:30 pm**

**Phone 480.488.1105**  
**Fax 480.488.8117**



**7275 E. Easy Street**  
**Suite B103**  
**P.O. Box 831**  
**Carefree, AZ 85377**  
**480.488.1105**

**Services@FoothillsCaringCorps.com**  
**www.FoothillsCaringCorps.com**



**Look for Foothills Caring**  
**Corps on Facebook**



**8:30 am**  
**Continental Breakfast**  
**and Registration**

**10:00 am**  
**Shotgun Start**

**2:30 pm**  
**Hors d'oeuvres Reception**  
**Golf Prizes and Awards**

**Save The  
Date!**

## **Foothills Caring Corps 5th Annual Golf Tournament at Mirabel November 16, 2015**

### **SPONSORSHIP LEVELS**

**Title Sponsor: \$25,000 (includes 16 players)**  
**Gold Sponsor: \$15,000 (includes 12 players)**  
**Silver Sponsor: \$10,000 (includes 8 players)**  
**Bronze Sponsor: \$ 5,000 (includes 4 players)**  
**Hole Sponsor: \$ 1,500 (includes 2 players)**  
**Individual Player: \$ 350**



**2014**  
**Hole-in-One**  
**Winner**

**For more information on becoming a sponsor, please call 480.488.1105**  
**[www.FoothillsCaringCorps.com](http://www.FoothillsCaringCorps.com)**

Photos by  
Matt York Photography

## **SILVER ALERT**

The Silver Alert was signed into state law last year and is operated by the Department of Public Safety since it is a statewide alert system.

A Silver Alert can be activated for a missing person 65 or older when:

- Police have taken a missing-persons report and exhausted all other resources.
- The person is in imminent danger due to health or other issues.
- The new laws will allow DPS to use its emergency-alert signs.

There are 108 ADOT message boards across the Valley and 193 statewide. An alert's location will determine how many signs flash the information, because law requires that officials spread the alerts only in the region where the crime or disappearance took place.

Once Scottsdale PD determines that a missing elderly person meets the above criteria that information is routed through our dispatch center who then gets the information to AZ DPS for dissemination on the valley wide or statewide message board system. The City of Scottsdale will also pass the information on to our own Traffic Management Center to the Silver Alert put on our own citywide message boards.

*This information was shared with FCC by the City of Scottsdale Granite Reef Senior Center Staff.*



## **Wanted**

FCC is in need of three computer desks. If you have any that you would like to donate, please send a photo to [Debbrad@foothillscaringcorps.com](mailto:Debbrad@foothillscaringcorps.com).





## GIVE BY SHOPPING – Amazon's Smile Program gives to Foothills Caring Corps!

FCC is privileged to have strong support from amazing people like you! Your time contributed to help our Neighbors as well as your financial support helps us to maintain and increase our services.

There are many ways to help FCC. The AmazonSmile program, through Amazon.com, donates 0.5% of the price of your eligible AmazonSmile purchases to Foothills Caring Corps.

Log onto <http://smile.amazon.com/ch/26-4341807>, select Foothills Caring Corps as the charitable organization you wish to support and in a just a few minutes you'll be on your way to helping FCC, while enjoying your Amazon purchases!

How easy is that? You shop, they give!

Thank you everyone, for your support!



## PARTNER CONGREGATIONS



Good Shepherd of the Hills Episcopal Church's Purse Project was once again a huge success!! Each year the church donates purses filled with a variety of toiletries, jewelry and nick-knacks and adorned with a darling scarf to a variety of non-profit organizations. FCC is honored to be one of their designated recipients. The Neighbors were surprised and delighted to receive a purse. Last year FCC distributed them to the mobile meals participants and this year FCC made them available to the Neighbors that attended the Mae Tea Party; It was a May basket along with Tea!

Members of Black Mountain United Church of Christ "worship" 4 times a year by doing deeds of service and blessings for our friends who serve us. This month BMUCC made Sunday dinner for the Fireman at the Carefree Station, broke down 150 lbs of sugar, coffee, beans and rice for the Food bank into usable sizes to hand out and made Memorial Day bags full of red, white and blue patriotic favors and goodies for the FCC Mobile Meal Neighbors. "It is the least we can do to say thanks and besides, it is fun" said Pastor Jayne Hubbard.



## Lockboxes For Seniors

LOCKBOXES FOR CAREFREE AND CAVE CREEK RESIDENTS...

The Lockbox Program will allow 911 Emergency Responders access to homes in the event of an emergency. If you are a Carefree resident, please call FCC at 480.488.1105. If you are a Cave Creek resident, please call Marshal Stein at 480.488.6636. A \$25.00 donation is requested.



## Top 10 Tips for Staying Safe in the Arizona Heat



### 1. Drink plenty of WATER

Drink plenty of water EVERY DAY even when you are not thirsty.

### 2. Do NOT rely on a FAN as your primary source of air

A fan does NOT replace being in an air-conditioned location. It dehydrates your body.



### 3. Stay cool indoors

Stay in a cool, air-conditioned location. If you need help paying your electric bill, contact your utility company for possible special programs.

### 4. Take care of your pets

Make sure that your pets are provided with plenty of water, shade and a cool place to rest, since they can become dehydrated as well.



### 5. Cool down by taking a bath or shower

Taking a shower helps your body cool down. However, DO NOT take a shower immediately after becoming overheated, since your body may cool down too quickly and cause illness.

### 6. Wear LOOSE clothing

Allow your skin to breathe in the heat. Breathable fabrics like cotton are best.



### 7. NEVER leave kids in the car

Remember to NEVER leave children, pets or those needing special care in parked cars when the temperature is high - even for just a few minutes.

### 8. Limit outdoor exercise

Exercise outside during morning hours; exercise inside in air conditioning the rest of the day.



### 9. Check on friends and neighbors

Open windows are a sign that a neighbor could be having an air conditioning problem. Check to make sure they are staying cool.

### 10. For more information

For cooling locations or additional resources, visit [HeatEZ.com](http://HeatEZ.com), [211arizona.com](http://211arizona.com) or call 2-1-1

