

FOOTHILLS CARING CORPS NEWS

www.FoothillsCaringCorps.com

SEPTEMBER 2016

6th Annual Foothills Caring Corps Golf Tournament at Mirabel Monday, November 14, 2016

Please Join Us for the Day!



8:30 am

**Continental
Breakfast and
Registration**

10:00 am

Shotgun Start

2:30 pm

**Hors d'oeuvres
Reception**

**Raffle Prizes
and Golf Awards**

**For more information on becoming a
Sponsor, please call 480.488.1105
www.FoothillsCaringCorps.com**



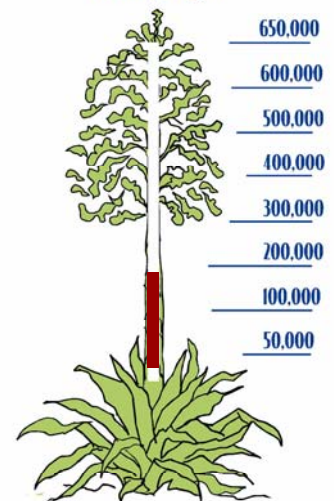
Photos by Rick Scuteri

Annual Campaign Begins October 2016

Foothills Caring Corps offers many services that are of great value to the community. The services include: van and medical transportation, mobile meals, minor home repair, grocery shopping, health advocacy, friendly visiting, medical equipment loan closet and many others. Who supports us to continue to provide these valuable services? The answer is our *Annual Campaign*. The campaign provides the financial support for office staff, rent, expenses and other operating costs of this vital and growing non-profit organization.

The FCC Annual Fund Drive will start soon! Now is the time to join with many others who provide the where-with-all to fund our great organization. Our success depends on individuals giving both large and small gifts to support the operating costs to help our older adults. Please join us this year to sustain our important service to the community. All of the funds are utilized locally. Thank you for your help in the past and we would appreciate all you could do to help us meet our 2016-2017 campaign goal of \$650,000.

FOOTHILLS CARING CORPS 2016-17 Annual Fund Raising Campaign



Clyde Wyant
Co-Chair,
Planned Giving
Committee

FOOTHILLS
CaringCORPS
480-488-1105

A Hidden Gem: FCC's Medical Loan Closet



Photos by Matt York Photography

You are back home from the hospital and so glad to be in your own comfortable and familiar environment! Now you can relax and concentrate on your recovery. But in this period of recuperation and rehabilitation maybe your balance is still not back to normal or you are unable to bend over and reach something that's low down. Maybe you are caring for your parents and need to make sure you have everything on hand that they will need to ensure their stability and safety.

But where can you find the equipment you need for just a few weeks? Or perhaps you need an item long term that is not covered by either your insurance or your budget. Whatever your situation, Foothills Caring Corps is here to help! One of our busiest programs is our Medical Loan Closet. There is no set loan period - you can keep an item as long as necessary. We have regular walkers and knee walkers, regular canes and quad canes. We have commodes, elevated toilet seats, grab bars and reachers. We have chairs for the shower and bath tub. Our room

full of equipment is ready to serve the community and meet a variety of needs! Along with the loan of necessary equipment we also provide helpful brochures: 'Preventing Slips and Falls' and 'Using Home Medical Equipment Safely.' Knowing how to safely use an item is as important as having the correct item.

Where do we get our equipment from? Once again we depend on the generosity of the Foothills community. Items that are no longer needed are dropped off at our office to 'pay it forward.' We also depend on volunteers to regularly sort and sanitize the equipment that is donated or returned. This is an essential service. If you feel that you could come in on a regular basis and help us with this we would truly appreciate it!

For more information about helping with the Medical Loan Closet or any of our program please call 480.488.1105 (8:30am – 4:30pm) or email services@foothillscaringcorps.com.

We're So Proud!



You heard about the retirement of our first 2004 van? Here is a photo of our replacement van. We received our "Lucky 7" van on July 29th. We are excited about the wonderful upgrades. Thanks to Section 5310 funds through City of Phoenix and Maricopa Association of Governments, the Foothills Community was responsible for just 15% of the purchase price! The vans are available for community needs. Call Jennifer for more information at 480.488.1105.

Foothills Caring Corps

You rode the bus when you were young
to go to school and such
then came the first car you owned
which meant so very much.

As life rolls by like wheels on the bus,
and you grow old like all of us,
you wonder how to go the distance
now you need much more assistance.

The Caring Corps bus program is a treat
a trip, a lunch, new friends to meet.

We ride together to shows, a brunch
with kind volunteers, one happy bunch.

So we say thanks for your loving escort
your time, your friendship, your loving support.
As the Caring Corps bus rolls with laughter away
the wheels keep spinning to the next happy day.

Louise Baehr, FCC Neighbor



First Watch Brunch Van Outing ~ July 18, 2016

Photos by Edwina Starke

Shopping at Amazon? Help Raise Money for Foothills Caring Corps!



Foothills Caring Corps participates in Amazon's charitable donation program, the AmazonSmile Program. When you sign in with this program and select Foothills Caring Corps, every time you purchase an eligible item on Amazon we receive a portion of the purchase price. There is no extra cost to you, the item prices are exactly the same and you only have to sign up once.

To sign up for Foothills Caring Corps to receive \$\$ from your purchases go to www.smile.amazon.com and select Foothills Caring Corps as your charity. (You may want to **bookmark** www.smile.amazon.com to make it easier to return to the page for future shopping). From now on, any eligible purchase you make on AmazonSmile will result in a donation to Foothills Caring Corps!

She Didn't Feel Safe Until She Got a Lockbox!



IMAGINE THIS: You wake up in the night and hear your cat crying. You get up to see what is happening and the next thing you know you're flat on the floor. That cat! But then you realize you have twisted your ankle and can't walk. Thank goodness the phone is in reach, but while calling 911, you remember that your front door is locked.

WAIT! You've got your brand new lockbox. The sheriff and fire department have the combination and will be able to get in. Aren't you glad you had the foresight to sign up for Lockbox with the Towns of Cave Creek or Carefree?

Foothills Caring Corps is working with our local municipalities to have lockboxes available to residents of Cave Creek and Carefree. The cost? A suggested donation of \$25.00. Please contact us at Foothills Caring Corps and sign up today to have a lockbox installed at your home by the Carefree or Cave Creek First Responders. Only the police and fire department will know the combination so you can feel safe in your home knowing they have access to assist you when needed. Give us a call at 480.488.1105!



Share Your Knowledge with Others!

I have had the pleasure of getting to know new Neighbors while I assisted with intakes. I learned of their backgrounds, former careers, hobbies and interests. Many of our Neighbors have a lifetime of interesting experiences and skills.

One Neighbor I recently had the pleasure of meeting is an avid lover of the opera and knows a great deal about it, spending many years going to the Metropolitan Opera in New York City. He expressed the desire to share his knowledge about opera with others. He said this was his way of "giving back." What a wonderful sentiment. This became the germ of an idea. What if we started a program where Neighbors and volunteers shared their knowledge with others in a series of informal lectures?

If you think you have a skill, talent, background, life experience that you would like to share with others, please get in touch with Debbra Determan at DebbraD@FoothillsCaringCorps.com.

Camille Tumolo, FCC Volunteer

FCC Available Equipment:

Power Lift & Recline Chair
(Brand: MED-LIFT, Color: Blue)

Please call Foothills Caring Corps
480.488.1105 for more information



TEE UP! HELP FCC REACH OUR 2016-17 Fundraising Goals

TICKETS "FORE" CHARITY
2016 Charles Schwab
Cup Championship

Desert Mountain Club (Cochise)
NOVEMBER 7 – 13, 2016

100% of the net proceeds go to FCC!

It's easy... for \$30.00 you'll receive a Grounds Ticket - good for any day of the tournament.

Purchase tickets at the FCC office (480.488.1105) or by visiting www.schwabcuptfc.com (choose Foothills Caring Corps as your designated charity).

**The following Support Groups
meet at**

Desert Mission United
Methodist Church
7373 N. Dixileta Drive, Scottsdale
480.595.1814

**North Scottsdale
Alzheimer's Support Group**

Second & Fourth Wednesdays
September 14 & 28
October 12 & 26
10:30 am - 12 pm

Parkinson's Support Group

First Thursdays
October 6
10:30 am - 12 pm

FCC Dates to Remember

Volunteer Orientation

Second Thursdays

October 13

November 10

December 8

9-11 am ~ Suite B101

Van Transportation

Training - Level I

September 15

October 20

November 17

December 15

9-11 am ~ Suite B101

Volunteer Fingerprinting

Wednesday, September 21

11:00 am - 12:00 noon

Suite B101

For further details, call Maria at

480.488.1105 or e-mail,

Mariap@foothillscaringcorps.com



P.O. Box 831
Carefree, AZ 85377

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PO Box 831
Carefree, AZ 85377

Phone: 480.488.1105
Fax: 480.488.8117

FCC Office Hours
Monday - Friday
8:30 am - 4:30 pm

"Age is an issue of mind over
matter. If you don't mind, it
doesn't matter."

— Mark Twain



7275 E. Easy Street

Suite B103

P.O. Box 831

Carefree, AZ 85377

480.488.1105

Services@FoothillsCaringCorps.com

www.FoothillsCaringCorps.com

We're on the web!

FoothillsCaringCorps.com

Promoting independence
for older adults