

foothillscaringcorps.com

# News

February 2019

Foothills Caring Corps: Dedicated to promoting independence and enhancing the quality of life of older residents throughout the community.



480.488.1105

## Recognizing Volunteers

We are very excited to be celebrating the 20th Anniversary of Foothills Caring Corps and the amazing volunteers who have made the mission and vision of the early founders come true.

Equally amazing is that there are volunteers who have been with FCC

for all of those twenty years. This year at our Volunteer Recognition Celebration on Friday, February 22, 2019 at the Terravita Country Club 4 - 6 P.M, we will be honoring them and the hundreds of volunteers who work so hard for our Neighbors.

## Calling all Neighbors & Volunteers

Neighbors, if you have a story about a caring volunteer, who has made a difference in your life, please put pen to paper and let us know. We know that there are many wonderful stories out there, so please share them with us. Here is our first one:

Dear Friends -

There are no words to express my gratitude for all you have done for me all these years. Kept me in my home - given me entertainment - exercise - and so many new friends - medical transport. But most of all - you brought joy back into my life! God bless you all!

Many of our volunteers have rewarding, encouraging and satisfying experiences, while volunteering for FCC. We would love to hear about them from you. Why did you become a volunteer? How long have you been volunteering? And what do you do for FCC? Most importantly, why do you enjoy volunteering? We've asked our neighbors to tell us about their experiences and we hope to feature stories from both Neighbors and volunteers in the newsletter for all to see!

If you are interested in sharing your story, please contact the office at 480.488.1105.

## A Message from the Executive Director

Happy New Year to each of you! Foothills Caring Corps has had such a wonderful year of dedicated services from our volunteers and staff! We know many Neighbors have had an excellent year, because of the support we were able to provide through your generosity. Thank you for your passion and support!

As we move into 2019 we are excited to mark our 20th year of service. Throughout this year, you will note our monthly updates as we lead up to the 20th Anniversary Celebration. We hope to have the whole community join us as we celebrate our successes. In 2019 we also plan to finish our Strategic Plan, which will help guide us in our ongoing service delivery. With your ongoing support, we will maintain and grow our services to help provide for the community.

The very best to you in 2019.

-Debbra Determan Executive Director Foothills Caring Corps





#### Save the Date

## 15th Annual Taste of Foothills Fundraiser | March 13

Food tastings, a live auction, live music, Neighbors, supporters and volunteers all come together in one celebratory evening to benefit a good cause, the Foothills Caring Corps. The 15th Annual Taste of Foothills Mobility Fundraiser will benefit many FCC Programs, which directly impact the mobility of our Neighbors. This well-attended social event and fundraiser, benefiting independence for seniors, will take place Wednesday, March 13, from 5-8:30 pm, at CIVANA Carefree Resort, 37220 Mule Train Road in Carefree.

Special guest emcee Terri Ouellette, host of ABC15's Sonoran Living, will inspire and guide attendees through the evening's festivities. "Terri O" has entertained and educated viewers on the morning news, several lifestyle shows and in her book, "Easy Embellishing with Terri O." Jonathan Blair will be our auctioneer for the Live Auction.

General admission is \$50 per person with VIP admission options available.
All proceeds benefit Foothills

Caring Corps, a volunteer-based nonprofit organization.

The Taste of Foothills Fundraiser is a vital source of funding for our mobility and transportation services, including mobile meals, medical transportation, shopping, medical equipment loan closet and van transportation.

To purchase tickets, volunteer or for more information call the Foothills Caring Corps at 480.488.1105 or visit foothillscaringcorps.com.

## Live Auction

Each year, we hold a Live Auction as part of the festivities of the Taste of Foothills Fundraiser. We are anticipating some exciting items this year, but would love to have more. So, if you can donate air miles, a weekend at your cabin or beach house, a cooking class, two tickets to a show, the ballet or the opera that would be spectacular! Please contact Debbra at 480.488.1105 if you would like to donate a Live Auction item.

## Claim a tax credit

& support the Caring Corps

#### Charitable Tax Credit: Arizona Taxpayers

Foothills Caring Corps is certified as a Qualifying Charitable Organization. If you are an Arizona taxpayer your donation to Foothills Caring Corps will allow you to claim the AZ Charitable Tax Credit.

#### Eligibility and Information

- Your contribution allows you to receive a dollar-for-dollar tax credit (\$800 for a married couple, \$400 for single taxpayers) against any income tax calculated on your Arizona Individual Income Tax Return.
- It is **not** necessary to itemize deductions on your AZ tax return.
- The Charitable Tax Credit can be claimed in addition to the school tax credits.
- Donate to Foothills Caring Corps by **April 15, 2019**.

#### How to Donate

- Mail: Foothills Caring Corps PO Box 831, Carefree, AZ 85377
- Call: 480.488.1105
- Click: PayPal online at www.FoothillsCaringCorps.com
- QCO: Use the Qualifying Charitable Organization Code 20612 on your income tax returns to receive this tax credit.

To learn more visit
www.FoothillsCaringCorps.com or
www.azdor.gov/TaxCredits.aspx

## Foothills Caring Corps

October - December 2018 Memorials

#### **All Loved Ones**

Paul Loertscher

#### **Terry Bartlett**

Anonymous Donor

#### **Lucille Bestrop**

Deanna Roswald

#### **Allan Chartrand**

Elaine and Kim Bucek

The Cook Family

**Becky Courtwright** 

BDA / Jay Deutsch

Michael and Eileen Huemmer

Kansas City Royals Baseball Club

Patricia Liegl

Melodee Nugent

Laurel Prieb

Steven and Ellen Pyrka

#### **Chris Covert**

Catherine Covert

#### **Ronald Crowe**

Jack and Shirley Baker

Heather Binger

LuAnn Breno and Doug Doty

Gary and Kim Gillitzer

Jack and Geri Happe

Mark and Karen Happe

Larry and Diane Hillwig

Paul and Beth Kelley

Ray Kosarin

Harry Mackey

Alison Parker

Rosemary Richards

Bill and Cheryl Simmons

Shannon Smith - On behalf of Brent

Crowe's friends at Family Guy and Fox Studebaker Family National Association

Carol Young

#### John Ford

Diane Mann

#### **Bart Iden**

Mike and Susan Trogan

#### Barbara Janisch

Charlotte Sanchez

#### Robert Julian

Marjorie Julian

#### **June Maass**

Herb and Gina Hofmann

#### **James MacAllen**

Norman and Janice Jacobs

#### **Mary Louise Menk**

Patti Townsend

### Memorial Tree

The Foothills Caring Corps Memorial Tree is an opportunity for you to both support Foothills Caring Corps and memorialize a loved one, family member, or friend. The tree, donated in memory of John Ford, is located in the Foothills Caring Corps office and includes the names of over 100 honorees. Engraved names are displayed on copper, silver or gold leaves, a rock or a dove. Your donation will go directly to support the services of Foothills Caring Corps. For more information, please call 480.488.1105.



Engraved names can be displayed as a leaf, rock or dove:

 Copper Leaf
 Silver Leaf
 Gold Leaf
 Dove
 Rock

 \$1 \$1000 \$10,000 \$50,000 \$100,000

 \$999
 \$9,999
 \$49,999
 \$99,999
 \$100,000

#### Mr. Nelson

Robert and Jamie King

#### **Margaret Parker**

Camso USA Inc.

Toyota Material Handling USA, Inc.

#### **Bob Rasmussen**

John and Barbara Jorgensen

#### **Arthur Sanders**

Lois Sanders

#### **David Schwan**

Jonathan and Linda Pearson

#### **Paul Sims**

Steven and Keely Callaway

#### Sid and Shirley St. Onge

Susan Cyganiewicz

#### **Bruce Thomas**

Leo and Judy Reardon

#### Jim Walborn

Mary Ann Walborn

#### **Steve Warsaw**

Christine Warsaw

#### **Pat and Larry Wetter**

Marilou and Paul Birkeland



## save the date



"Neighbors" Invited!

Valentine's Day Party

Thursday, February 14, 2019 | 11:00am - 1:00pm

Desert Hills Presbyterian Church
34605 N Scottsdale Rd, Scottsdale, AZ 85262

RSVP by February 5th at 480.488.1105

**Become a Foothills Caring Corps Volunteer** 

We meet at 7275 E Easy Street Suite 101

#### **Volunteer Orientation**

2nd Thursday of each month 9:00am – 11:30am February 14; March 14

#### Van Program Orientation

3rd Thursday of each month

9:00am - 10:00am

Note: Before attending this Orientation, you must have attended one of our

Volunteer Orientations. February 21; March 21



**Volunteer Recognition Celebration** February 22 | 4:00 - 6:00 P.M. Terravita Country Club Please RSVP 480.488.1105

## volunteer



480.488.1105

foothillscaringcorps.com

# CaringCORPS Hugs & Help Happen Here

Join our team of volunteers who give the gift of time to help our Neighbors.

**Call & Volunteer Today** 

7275 E Easy Street Suite B103 | P. O. Box 831 Carefree, Arizona 85377 480.488.1105 | Services@FoothillsCaringCorps.com foothillscaringcorps.com



Please join us supporting
Mobility and Transportation Programs
at Foothills Caring Corps







Wednesday, March 13, 2019 | 5:00 PM - 8:30 PM CIVANA Carefree Resort

Tickets \$50 Each ~ VIP Table Sponsorship \$1000

VIP Table Sponsorship includes entrance for 10, reserved seating and Sponsor's name listed in event program.

Visit Foothills Caring Corps.com/events or call 480.488.1105 to purchase tickets & for more information.



CaringCORPS
Hugs & Help Happen Here

## The Caring Carps Resource Roundup

## **Support Groups**

#### Parkinson's Support Group

First Thursdays of the month 10:30AM-12noon FREE | No registration required Desert Mission United Methodist Church 480.595.1914

#### **Alzheimer's Support Group**

2nd and 4th Wednesdays of the month 10:30AM to 12noon FREE | No registration required Desert Mission United Methodist Church 480.595.1914

#### **Faith Based Grief Support**

Thursdays 4:00 PM to 5:30 PM
Desert Hills Presbyterian Church
This FREE faith based support
group is open, co-ed and
non-denominational.
Dr. Pat Moseley Nichols
Psychologist
480.488.3384 dr.moseley@cox.net

#### Caring for the Caregiver

1st Monday of the Month 10:00 AM to 11:30 AM Desert Foothills Library Taking Care of yourself is essential in being able to care for your loved one. No registration needed. Led by Hospice of the West facilitators 480.488.2286

## A Few Good Drivers

- •We are actively recruiting drivers for 3 of our programs.
- •Choose which programs you want to get involved with and when.
- •Contact the office 480.488.1105 to join us.



**Medical Transportation** 



Van Transportation



**Shopping** 

Volunteer Training
Orientations are held every 2nd
Thursday of the month.
Feb 14 | Mar 14

## **Nutrition Interns Are Here!**

The Dietetics students from Paradise Valley Community College will be available to speak with neighbors February-April during meal deliveries and private appointments.

**Special Diets:** Diabetes, Heart Health, Weight Loss/Gain, Gluten Free, Dairy Free, Hypertension, and many others!

Healthy Cooking- Learn healthy cooking methods.

**Food Safety-** Proper temperatures, food storage, expiration dates, etc.

Meal Planning- Create a weekly menu for each meal.

**Healthy Alternatives-** Learning to read food labels to make informed, healthier choices.

**Grocery Shopping-** Make your list based on your menu plan!

For more information about scheduling an appointment, please contact Nancy Cohrs Neighbor/Volunteer Manager at 480.488.1105.

