



Meet our new Executive Director,

### **ROBIN COCHRAN**

When you meet Robin you will quickly be drawn in by her southern charm. Originating from the south, Robin was most recently the Chief Development Officer at Christian Care in Arizona, the largest nonprofit provider of senior living, which has 6 communities located throughout the state. Robin, a resident of the Troon North neighborhood, notes that her decision to join FCC was driven in part by her desire to become more deeply connected to her local community. This impetus to help others in the community was originally fostered by her World War II veteran father and public servant mother, who encouraged Robin's early passion to help others through participation in church and community volunteer activities and service projects, mostly assisting underserved seniors and at-risk teens in her native Mississippi community. CONTINUED ON PAGE 3





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# The Spread Joy Convoy

A Big Hit with Caring Corps Neighbors

The Foothills Caring Corps Spread Joy Convoy has been busy spreading joy to our Neighbors in July and August. Caring Corps Volunteers gather at the FCC office every Tuesday and Thursday to decorate our vans and their own vehicles. Neighbors are called the day before to alert them that the Spread Joy Convoy is heading their way the next day. The Spread Joy Convoy visits as many as 25 Neighbors on each outing. Each Neighbor is given a small goodie bag with treats, puzzles, a mask and a beautiful card. Caring Corps Neighbors have been over the moon when the Convoy stops at their home. They have sent so many heartfelt thank you notes. Some of the quotes from the notes: from Tammy, "you will never know how it brightened the day", from Nancy,





"a great spirit uplift", from Jim and Ruth, "thank you for bringing cheer to our home", from Kathryn, "the Convoy made my day and week!" The Spread Joy Convoys will continue through the end of August.





## SPOTLIGHT Foothills Caring Corps Volunteers

Volunteers **Cheryl Simmons** and **Linda Hattan** have been volunteering for the Caring Corps for 15 years. Both Cheryl and Linda volunteer in the office every week. Cheryl helps support the Van Transportation program as well as logging the hours sent in by our Volunteers. Linda helps support the Mobile Meals and Van Transportation programs. Both have volunteered for our Taste of the Foothills, Valentine's Luncheons and many other events. The Caring Corps sincerely appreciates their many years of service to the organization as well as to our Neighbors!



#### ROBIN COCHRAN STORY CONTINUED...

Robin spent her next decades in legal practice which included assisting individuals and families in estate planning, elder law and probate matters, as well as real estate, tax, corporate and consumer finance issues. This provided her with experience in dealing with situations and problem-solving with clients, particularly older adults and those in need of financial, estate and health care planning.



Over the years, Robin has also developed important charitable organization experience as she organized, planned, and chaired various fund-raising events, nonprofit campaigns and legacy planning programs. This has provided her the ability to recognize and implement effective strategies to help people, as well as to build community awareness. Most recently, she has provided ongoing service as a volunteer member of the Southwest Autism Research and Resource Center's Planned Giving Professional Advisory Council, Hands On Greater Phoenix, U.S. Vets Packages from Home Programs for military families, the U.S. Bankruptcy Court Consumer Self-Help Center, and the Scottsdale Police Department Community Auxiliary Organization.

"I am truly grateful to have this opportunity to serve alongside FCC's amazing staff and its kind and energetic volunteers. I pledge my commitment to serve with integrity, creativity, and vision to enthusiastically carry out FCC's strategic plan and meet the growing and changing needs of our Neighbors. I am excited to get to know the local community and desire to make a difference in ways that are most needed." Robin has extended an open invitation to visit her office at the Foothills Caring Corps headquarters in Carefree. Please come by to meet Robin as she always has her door open to help her Neighbors and the Foothills Community. Now that's Southern hospitality y'all!

#### **DATA BREACH STIFLED**

Over the weekend of August 8-9, 2020, the computer network of Foothills Caring Corps was berached by cyber criminals. Quick action after discovery of the assault managed to minimize the damage to our systems. We are extremely grateful for the prompt and expert attention delivered by Steve Woods and his amazing team at Tech 4 Life, in Carefree, as well as our long-time information technology consultant, Jesse Graybill.

Through their efforts, we are now back online and all our data has been recovered and secured. Thankfully, our IT professionals repaired the harm caused and added multiple security measures to thwart potential future attacks. If you have any questions or concerns about this incident, please contact our Executive Director, Robin Cochran via phone at (480) 488-1105 or email at RobinC@foothillscaringcorps.com.

#### Foothills Caring Corps Volunteers Stepping Up

Some of the Caring Corps programs had to be put on hold because of the current health crisis. Other programs have been going strong, powered by our Volunteers. Below are the services delivered by FCC Volunteers since April 1st:



#### Mobile Meals

7,134 meals were delivered, a 55% increase over the same period in 2019.



#### Medical Transportation

448 Neighbors were taken to appointments for critical medical services.



#### Friendly Phoning

33 Volunteers called to check on over 160 Neighbors under the Phone Pal Program.



#### Shopping for Neighbors

75 volunteer shopping trips.



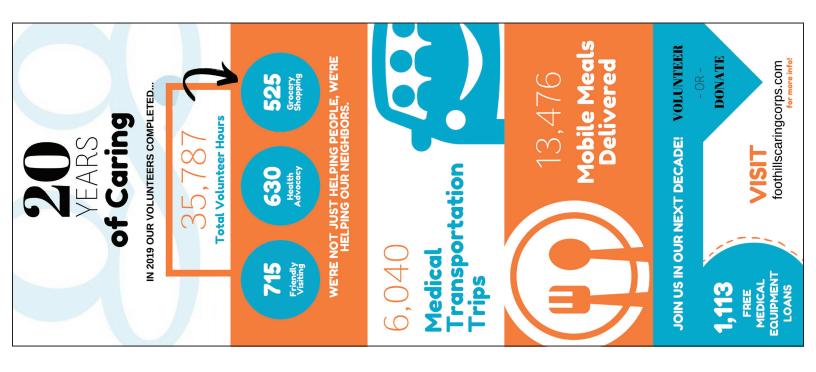
#### Spread Joy Convoy

10 Spread Joy Convoys manned by 15 Volunteers have visited over 150 Neighbors.

Visit foothillscaringcorps.com to view the 2019 Donation Impact Report Infographic that was created by our very own Board Member, Madison Wetter!

#### Volunteer with the Foothills Caring Corps

We are always looking for new Volunteers. To volunteer with the Caring Corps, please call 480-488-1105 to sign up for the next Volunteer Orientation on September 10, 2020 at 9am. Orientations for 2020 are scheduled for October 8, November 12 and December 10, 2020.







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