

Foothills Caring Corps Newsletter

November-December 2020



NO Play Golf Tournament

Our Neighbors Still Need Help!

For public safety concerns, Foothills Caring Corps' 2020 Golf Fundraiser was canceled. **We need your help to raise critical funds for our Foothills Neighbors who are isolated from friends and family and depend on Foothills Caring Corps' programs and resources. Please donate today!**

Donate at foothillscaringcorps.com/golf or call **480.488.1105**

Message from Robin Cochran



Greetings to the wonderful Foothills Caring Corps (FCC) community, When I started as the new Executive Director in July,

I was thrilled and honored to become a part of this outstanding organization that helps our Foothills Neighbors safely live in their homes with a sense of purpose and independence. Since my first day, thanks to a generous Board of Directors and an exceptional staff with

hearts of gold, I have learned so much more about this caring organization and am excited to be a part of the team to carry out our mission. What I have joyfully discovered is how wonderful our FCC Volunteers are!

Their faithful service and love for our Neighbors inspire me every day. Our FCC Volunteers are shining lights of hope and kindness in this community. The pandemic of 2020 has dealt a crushing blow to our nation and the world – and has significantly impacted Foothills Caring Corps as well. To keep everyone safe, our two major fundraisers were canceled. That resulted in a budget shortfall of hundreds of thousands of dollars during a time

when our Neighbors, especially those with weakened family structure and limited financial resources, need us now more than ever. The Mobile Meals program provided a record number of

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home delivered hot meals this week. Neighbors are getting to see their doctors again and surgeries are being scheduled, with many people visiting the FCC Mobility Equipment Loan Closet to borrow equipment. Recently, I spoke with a Neighbor who had not been out of her house in ten

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Giving is easy!

- Online at foothillscaringcorps.com/donate/
- Mail PO Box 831, Carefree, AZ 85377
- Call 480-488-1105 with a credit card donation

- Shop Amazon with smile.amazon.com and select Foothills Caring Corps as your charity

months! Going to the doctor was her first outing since January. The dedicated team of FCC staff and volunteers have been working

so hard to carry on through these challenges and we need you! Thankfully, the end of the calendar year is when many of you choose

to make a gift to FCC for the support of our many hundreds of Neighbors.

Below are four ways you can give this year.

Please make a smart Year-End Gift that is right for you and good for your Foothills Neighbors in need.

1 Of course, at this time of year, taking taxes into consideration is normal.
If you are likely to owe federal income taxes and you itemize your deductions...

- Consider a gift of appreciated stock. By giving the stock directly to FCC and letting us sell it, you not only qualify for an income tax deduction, but you also don't have to pay the capital gains tax that would be due if you sold the stock and gave us the proceeds.
- Something else to consider is a gift of cash. This year of 2020 is unusual in that Congress has decreed that **for this year only**, donors who give cash, check or credit card may deduct up to 100% of their adjusted gross income. In a normal year, the limit on that would be limited to 60%.
- If you have had a really big "taxable event" like winning the lottery, selling a business, or even retiring with a golden parachute, you may have an especially high year of income. You are probably already working with your advisors if that is the case, but one thing to consider is a charitable lead trust that would give you an income tax deduction this year and give money to FCC for a certain number of years.

Even if you no longer itemize your federal income tax deductions

- Another special opportunity created by Congress for 2020 only is a \$300 deduction per tax return for a charitable contribution.
- Foothills Caring Corps would be delighted to receive your \$300 gift.

Foothills Caring Corps deeply appreciates and relies upon your charitable gifts to provide home delivery of hot meals to our Neighbors, help with transportation to medical appointments, conduct personal shopping trips, manage small home repairs and offer a medical

mobility equipment loan closet. This year we are helping to keep our isolated Neighbors' spirits up with our Spread Joy Convoy and meeting the needs of the homebound with our mobile flu vaccine van. Thank you for believing in our work. Please reach out to me directly at

480-488-1105 if you would like assistance in planning how to give a charitable gift that will be most meaningful to you.


With gratitude,
Robin Cochran

2 **If you are likely to owe Arizona state taxes...**

Foothills Caring Corps is one of the approved agencies for an Arizona state tax credit.

- Your contribution allows you to receive a dollar-for-dollar tax credit against any income tax calculated on your Arizona Individual Income Tax Return.
 - \$800 for a married couple
 - \$400 for a single taxpayer
- It is not necessary to itemize deductions on your AZ tax return.
- The Charitable Tax Credit can be claimed in addition to the school tax credits.
- Use the **Qualifying Charitable Organization Code 20612** on your income tax returns to receive this tax credit.

3 Some of you provide support through the annual golf tournament. If you are one of our golf buddies, you still have an opportunity to give this year through the No Play Golf Tournament. Just go to foothillscaringcorps.com/golf/. We will cross our fingers for a hole in one for you at next year's tournament scheduled on Dec. 3, 2021 at the gorgeous and exceptional Mirabel Golf Club.

4 **Volunteer... Sharing your time and talents are always appreciated. Please join our team!**

THANKFUL



**FOR FOOTHILLS CARING CORPS
NEIGHBORS, VOLUNTEERS &
COMMUNITY SUPPORTERS!**



Thanksgiving Word Search

Directions: Find the words in the columns on the right and circle each letter on the grid. The words may be horizontal, vertical or on a diagonal, and they may be spelled backwards or forwards.

| | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | E | I | R | R | E | B | N | A | R | C | C | A | T |
| W | T | D | A | E | R | A | M | O | R | A | I | S | S |
| E | E | U | U | I | W | N | U | O | G | P | C | G | E |
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| T | P | V | A | F | I | S | L | C | U | I | P | I | R |
| P | N | A | S | D | I | T | U | F | V | M | N | S | A |
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| T | K | G | O | S | R | R | G | R | V | A | S | E | C |
| A | P | J | G | O | P | S | F | E | G | R | M | L | E |
| T | M | F | C | L | K | A | M | K | T | A | I | B | L |
| O | U | T | E | N | E | B | R | R | C | F | R | L | E |
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| H | F | O | B | O | U | N | T | I | F | U | L | O | O |
| S | N | H | T | U | O | M | Y | L | P | T | U | F | N |

WORD LIST

| | |
|--------------|----------------|
| Aroma | Natives |
| Autumn | November |
| Black Friday | Parade |
| Blessings | Pilgrims |
| Bountiful | Plenty |
| Celebration | Plymouth |
| Cornucopia | Potatoes |
| Cranberries | Pumpkin Pie |
| Crops | Ship |
| Feast | Squash |
| Food | Stuffing |
| Football | Sweet Potatoes |
| Gratitude | Thanksgiving |
| Gravy | Thursday |
| Harvest | Tradition |
| Joy | Turkey |
| Mayflower | |

The leftover letters will spell out a message - leftovers are one of the best things about Thanksgiving!
Use the following blanks and fill in the letters, in the order they appear above:

_____!

GIVING
TUESDAY

JOIN THE MOVEMENT

Foothills Caring Corps is taking part in Giving Tuesday, Dec 1, 2020. Learn more at givingtuesday.org

Driven to Meet Needs

Have you missed seeing our Foothills Caring Corps vans loaded with happy passengers out and about? Although the pandemic forced the suspension of FCC's Van Program earlier this year, van outings are now gradually restarting. Of course, things are different than in the past, with new health protections such as plastic barriers, reduced seating due to physical distancing, mask wearing and extra sanitizing.

Recently, FCC has taken Neighbors to crafting classes, where they made some Halloween and Thanksgiving cards along with decorations.

Another trip went to Christ the Lord Lutheran Church, where videos of photographs taken at destinations around the world and scored with appropriate music were enjoyed.

FCC has been innovating to find ways to connect with and serve our Neighbors during this health crisis. Our van fleet has been integral to that goal, creating and implementing new services. First, Volunteers and staff visited hundreds of people



on their driveways, walkways, courtyards and front porches during our "Spread Joy Convoy". This past month, FCC partnered with the Maricopa County Public Health Department to take Public Health personnel to dozens of our homebound Neighbors' homes to administer flu vaccinations.

A significant downside to some of the changes implemented to keep all riders safe and healthy is that FCC now must use more vehicles to transport fewer persons. That means more costs, such as gasoline and maintenance, as well as a greater need for Volunteers trained to drive or assist on rides. With your help, we will meet these challenges.

The Foothills Caring Corps announces the addition of three members to their Board of Directors. The newly elected members are Cynthia Driskell, Ron Fink, and Susie Dymoke. Executive Director, Robin Cochran announced, "I am thrilled to welcome these three talented individuals.

Their unique backgrounds and experience will make them a great asset to our organization."

Cynthia Driskell, owner and Physical Therapist at Carefree Physical Therapy has been involved in our local community for almost 40 years. She brings a wealth of knowledge to our aging community and has lent her expertise to the FCC over the years.

Also joining the Board is Ron Fink who has been a volunteer for the

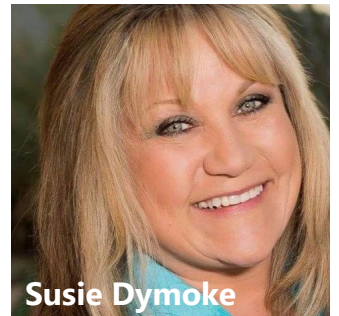
New FCC Board Members



Cynthia Driskell



Ron Fink

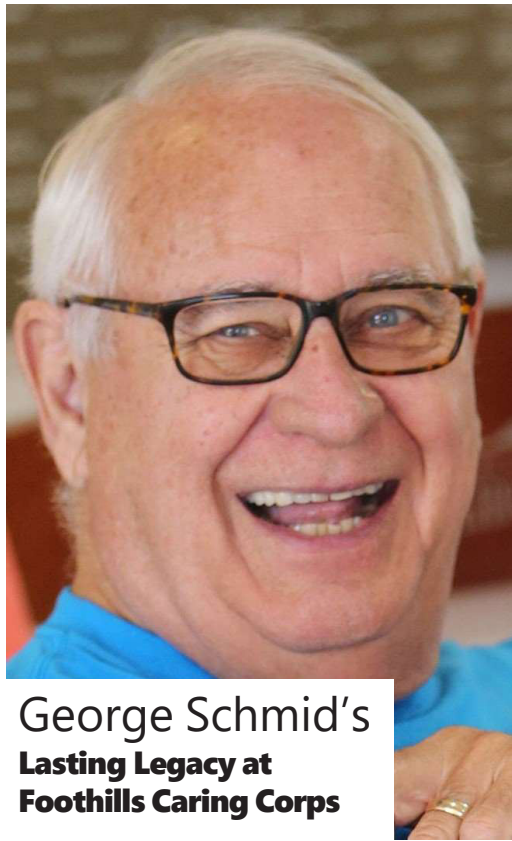


Susie Dymoke

Foothills Caring Corps for over 3 years. Ron has volunteered as one of our van drivers, as a helping handyman to our Neighbors, and has helped with our Loan Closet. Susie Dymoke, Carefree resident, and avid volunteer has many strengths to bring to the FCC Board of Directors. She is an amazing steward of our community and a great asset to many of our local organizations. You may run into Susie not only volunteering at the Foothills

Caring Corps, but also at the Desert Foothills Land Trust, Carefree Cave Creek Chamber of Commerce and Hospice of the Valley. We are excited to add Cynthia, Ron, and Susie to our Board of Directors.

They will be joining Dr. Paul Dale, June Reilly, Pastor Mike Johnson, Sabina Schwan, Beverly Miller-Dastgir, Barbara Giovan, Leslie Seldin, Suzanne Wagner, and Madison Wetter.



**George Schmid's
Lasting Legacy at
Foothills Caring Corps**

"Big George" Named in His Honor

The latest addition to Foothills Caring Corps' van fleet has been named "Big George" as a lasting testament to George W. Schmid, a longtime supporter, volunteer and Board Member, who passed away in early 2020. Pinky Schmid, his wife of 54 years, agreed that George would have loved using the vehicle during his many years of driving for FCC's Van Program and Medical Transportation Program. George, who had a larger than life personality, was instrumental in the growth of our organization, as well as someone adept at making each Neighbor he helped feel special.



As pictured, the naming was celebrated by Pinky along with friends Kathy Haugner, Bev Rockford, and John Guild. The van side panel, lettered by our outstanding community partner Bertram Signs & Graphics, which does all the logo and sign work for our vehicles and offices, reads "This vehicle is dedicated to the memory of George Schmid, who loved family, friends and Foothills Caring Corps." Donations received in George's memory are earmarked for maintenance and operating costs of the vehicle.



A selection of Thanksgiving cards to Caring Corps Neighbors from Fireside Elementary 6th Graders