

## What We Do

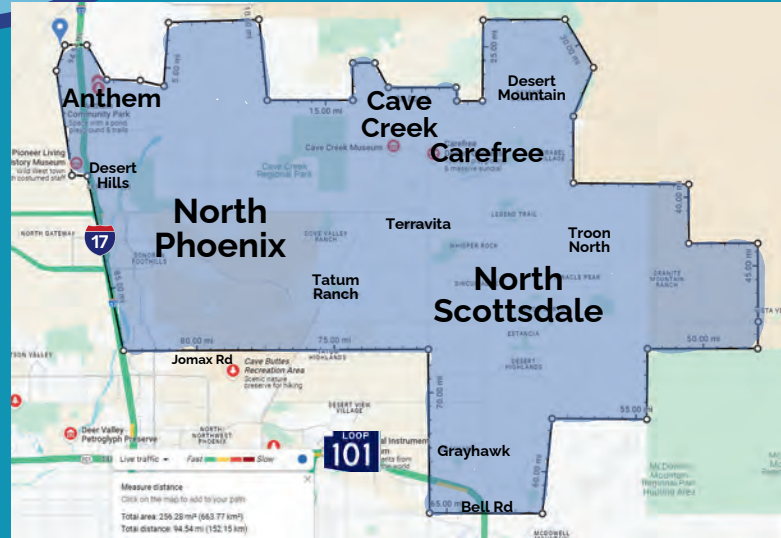
We provide aging and disability support services to seniors and persons with disabilities in our service area

## How We Do It

Our dedicated volunteers provide thousands of service touchpoints across eight programs.

## How You Can Help

Support FCC through donations, volunteerism, and community awareness.



RECREATIONAL  
VAN TRIPS

3,713



MOBILE  
MEALS

24,640



NON-EMERGENCY  
MEDICAL TRIPS

5,731



MOBILITY  
LOAN CLOSET

1,194



1,300+ Individuals  
Served



342 Volunteers

helped provide  
**37,020**  
service touchpoints

FRIENDLY  
VISITS

515

GROCERY SHOPPING  
ASSISTANCE

380

NEW INTAKES

350

HANDYMAN  
SERVICES

327

TOTAL MILES  
DRIVEN

220,440

## Our Mission:

We provide a range of services to improve the lives of senior and disabled Neighbors and promote care, safety and community inclusion in everyday life, allowing them to thrive as they age in place.

### Mobile Meals

Volunteers deliver hot and nutritious meals at lunchtime to participating Neighbors. Meals are delivered on Mondays, Wednesdays, and Fridays, including meals for non-delivery days..



### Mobility Loan Closet

Home mobility equipment is available for community members to borrow as needed. Items may include wheelchairs, walkers, crutches, canes, knee scooters, commodes, shower chairs, etc.



### Non-Emergency Medical Transportation

Volunteers provide transportation for Neighbors to and from medical appointments. Neighbors must call 10 days in advance to provide appointment details.



### Recreational Van Program

Group transportation is provided in a handicap-accessible van to local social outings, lunches, shopping, and community events and activities.



### Friendly Visiting/Phoning

Volunteer spends consistent and ongoing quality time building a friendship with a Neighbor. Volunteer visits may include chatting, playing games, hobbies, or outings for coffee or lunch.



### Minor Home Repairs

Volunteer handy person aids with minor home repairs such as changing lightbulbs, air filters, and/or smoke alarm batteries. Neighbor is responsible for purchasing parts or supplies as needed.



### Caregiver Relief

Volunteer spends quality time with a Neighbor, allowing their primary caregiver to take a break or run errands. Visits may include chatting, playing games, or hobbies.



### Grocery Shopping Assistance

Volunteers assist with shopping and provide transportation to the store or go shopping on behalf of homebound Neighbors after getting a list of items they'd like.



### Technology Assistance

Volunteers assist with helping Neighbors understand and navigate their cell phones, computers, televisions, tablets, printers, or other technological devices and applications.



### Friendly Pet Visiting

A Volunteer team (which includes one that is furry and a certified therapy dog) visit regularly with a Neighbor who loves the joy that an animal can bring.

